# AUTSCAPE 2024 Autistic Joy

# Handbook



Photo © Trish Jubb

# If you need help from an organiser

Please talk to an Autscape organiser, not to the venue staff.

- People wearing purple hi-vis vests are event managers and can be approached at any time.
- People wearing **blue** hi-vis vests can also be approached for help.
- People wearing **red** hi-vis vests a have specific roles and **should not** be approached, apart from during Home Groups.
- Help is available in the information Area in Butterley Hall 1 from 9am to 8pm, except during meal times.
- There is <u>always</u> an organiser on call at night. Their name and room location will be posted outside the Information Area.
- You can phone or text us on 07999 822 410.
- You can **email** us on **info@autscape.org** but please be aware that it **may** take some time for you to receive a response.

# **Urgent Issues**

The **Management team** can be contacted for urgent issues and can be identified by a **purple** hi-vis vest.

The team are:

- James Pelham (Event Manager)
- Elaine Binhammer (Registrar)
- Kacey Clark (Programme)

# Asking for Help

### We will:

- Be identifiable (wear purple/blue)
- Be available (e.g. in the Information Area).
- Provide ways to reach us without talking.

### You can:

- Rehearse some scripts you may need.
- Write a note and hand it to an organiser or put it in the action needed box.
- Ring, text or send an email.
- Take a breather. Rest, relax, and prepare yourself for your next activity.

# **Table of Contents**

Introduction	2
Environment	3
Rules and Procedures	3
Spaces and Facilities	4
Sensory Issues	6
Catering	7
Autistic Community	9
Being Autistic	
Diversity	
Taking Care of Yourself	12
Interacting	13
Programme	
Main Programme	
Leisure Programme	
Activities we would like you to sign up for	
Participant-led Programme	20
Online Event and Hybrid Events	20
Reporting Incidents	21
Over-18 Talks and Discussions	
Acknowledgements	
Our Sponsors	



An appliqué made at a workshop at Autscape 2018, by Ceri Dobbing

# Introduction

Welcome to the 20th annual Autscape event! This booklet contains what you **need** to know about the physical environment, social interaction, and the programme of activities at Autscape. **Even if you've been before**, it is worth a quick read in order to find out about any changes to the event this year.

We take autistic people's **needs** and **preferences** into consideration in every aspect of planning and running Autscape, but that doesn't mean it will always be a perfect fit for you.

We <u>cannot</u> always anticipate or accommodate the needs of every autistic person, as one person's needs might clash with another person's. In such cases, we will do our best to work out a compromise, but a little goodwill on your part may also be needed.

See the inset boxes (such as the one on this page) for more information about how to deal with common challenges.

Autscape is run on a **completely voluntary** 

### **Challenges**

### We will:

- Identify common challenges in boxes like this.
- Explain what we will do to try to make it easier.

### You can:

- Try some of the tips to make it easier for yourself.
- Be considerate of other people.

**basis**. We strive to do our best within the limits of our knowledge, energy and resources.

**Everything at Autscape is completely optional**. You are <u>not</u> obliged to attend anything, speak to anyone (unless you are a parent or carer), or participate in any way.

If you are interested in **participating**, there is plenty going on throughout the day – serious, fun, structured and unstructured. You are free to enjoy Autscape in whatever way works for **you**, whether that is by attending every presentation, ignoring the Main Programme to have more chances to **socialise**, or spending your entire time alone in the **Sensory Room**.

# Environment

# **Rules and Procedures**

For the comfort, safety and health of everyone, Autscape has a few rules. All of these have reasons behind them, and organisers will explain them to you if you ask. The venue also has rules of its own which we may not understand, but do need to follow in order to keep the goodwill of venue staff.

# House Rules

- Smoke only in designated areas, well away from all windows and doors. Smoke can make some people ill.
- Please **return all equipment** (including Autscape's sensory toys and games) to the room in which you found it.
- No food or drink in the meeting rooms (other than water). Even if you are careful and coordinated enough to avoid spilling your drink, someone else might not be!
- No hot or wet food. The venue's rules are that <u>only</u> pre-packaged food such as crisps and sweets may be brought on site. This includes takeaway food etc.
- The venue does **<u>not</u>** allow you to reheat your own food.
- Please **do not take your meals to your room**; there is a designated quiet dining area, the Vinery, and outside spaces. Please **return your dishes** to the dining rooms.

# Departure

Residential participants must vacate rooms by **9:30am**. Rooms will **automatically lock** at this time, and your key card will no longer work. You **do not** have to strip your bed.

If you **don't** have a car you may leave your luggage in the **Luggage Room**, which is near the Main Reception desk.

Please leave the venue **promptly** by **2pm** on the day of your departure (This will be Saturday unless you have booked the extra day). You <u>must</u> go to the Main Reception area to **check out** with an Autscape organiser.

If you depart at **any other time**, you **must** either find Elaine, or ring/text **07999 822 410** to check out. This is important for fire and safety reasons.

# **Spaces and Facilities**

# **Information Area**

The Information Area is in Butterly Hall 1.

### You can:

- Find an organiser from 9am 9pm.
- Get more badge supplies.
- Buy Autscape merchandise, sensory toys or snacks.
- Sign up for activities, (e.g. the Entertainment Evening, Lightning Talks and Home Groups).
- Add a **participant-led** activity to the schedule.

# **Participants Exhibits**

Participants Exhibits are in Butterly Hall 2.

### You can:

- Find information about various initiatives, projects and research.
- Buy and sell things.
- Display your art or other work.

# **Finding Your Way**

### We will:

- Provide you with a map.
- Put up signs to help you find the main rooms.
- Offer to show you to your room and give a tour of the site.

### You can:

- Wander around the facilities to familiarise yourself with the location of everything.
- Leave plenty of time to get to activities.
- Locate essential facilities (e.g. loos, fire escapes, and dining hall).
- Keep your schedule and map with you.
- Be prepared to ask for help or directions, with gestures if necessary (e.g. point to what you are looking for on the map).

Table space in the participants' area has been booked in advance. If you have **not** prebooked a space and would like to, you **may** still be able to do so by asking an organiser in the Information Area.

# Social Spaces

You can find out more about socialising at Autscape in the Autistic Community section on pages 9-11 of this handbook. Social spaces include extensive **lounge areas** on the ground floor of the Main House. This area also has a **bar** which will be open each evening. There are **additional seating areas** throughout the venue.

# **Leisure Facilities**

### **Sensory Room**

We have a Sensory Room located in the Writing Room, which is located off the Lounge. This is set up for participants to **explore** and **enjoy** the sensory equipment at their leisure. The Sensory Room is open throughout the day. It is usually a quiet space.

Please **treat all equipment with respect**. There are instructions for the projectors in the Information Area. If in doubt, **ask an organiser** 



for help. Please make sure all equipment is switched off before you leave the room.

# **Games and Toys**

- The Orchard Clubhouse will be available for informal crafting.
- Games and jigsaws can be found in the Lounge, although they do tend to spread around during the course of the event. You may play games in **any** social area, but please consider what is happening around you and try not to lose the pieces.
- There is a **games room** equipped with a pool table located off the Lounge.
- There are also outdoor games in the Quad area.

### **Sports and Fitness**

- There are a variety of areas for sports and fitness, both indoors and outdoors.
- There is a full size football pitch near the lakes
- Other activities are available, please ask an organiser for more details.
- There is an indoor gym near the Quad (age 18+ only), with running, cycling and rowing machines and a weight training cable machine.

### **Outdoor Spaces**

- The venue has 100 acres of gardens and grounds including a **wooded area** and **lakes**.
- There is a **playground** for young children near Orchard Hall.

# Sensory Issues

Sensory issues are common among autistic people. Other people's sensitivities **may differ from your own**. Please be considerate if someone tells you something is bothering them, **even if it doesn't make sense to you**.

We have a Sensory Room which may help you regulate yourself (see page 5).

# **Minimising Distress**

### Smell

- Try to remove **strong odours** (e.g. tobacco, alcohol, coffee) as much as possible.
- Avoid highly scented products such as perfumes and aftershaves (lightly-scented products are fine).

# Light

- Other people in the room **may** be **distracted** or **distressed** by toys with lights. Please sit towards the back of the room if you use these.
- **Don't** use a **camera flash** without the consent of everyone in the room.

# Touch

• Ask **before** making physical contact with **anyone**, especially children.

# **Sensory Overload**

### We will:

- Do our best to keep things orderly and calm.
- Have quiet spaces inside and out.
- Ask people to flap rather than clap, after events.
- Use natural lighting whenever practical.

### You can:

- Use equipment to reduce sensory input. No one will think it odd if you wear tinted glasses, earplugs, headphones, etc.
- Take time out as needed. You might go to the Sensory Room (Writing Room), your bedroom, or outdoors.
- Use the quiet dining room or take your food outside.

### Sound

- Be quiet in corridors and outside bedrooms.
- Make sure sound doesn't 'leak' from headphones.
- If you would like to **play an instrument**, please do so away from **bedroom windows** and with consideration for other people and the time of day.

# Catering

If you are a residential participant, **all** of your meals and refreshment breaks are included. Non-residential bookings <u>only</u> include **lunch** and **refreshments**. Meals are served 'buffet style' in both dining rooms (with staff serving some items). You will have to queue up and take your meal away on a tray.

Organisers (who will be wearing hi-vis vests) may jump the queue as they will need to eat before performing their duties.

There is no need for everyone to join the queue at the beginning of meal service, however you may wish to leave sufficient time to eat your meal before your next activity.

As a way of reducing crowds, most Home Groups (see page 16) are scheduled during meal times. If you wish to go to a home group, please ensure that you are aware of the proper time to get your meals.

Meal Times		
Breakfast	8:00-9:00	
Break <sup>*</sup>	10:30-11:00	
Lunch	12:30-14:00	
Break <sup>*</sup>	16:00-16:30	
Evening meal	18:30-19:30	

\*Refreshments are made available during break times, however programme activities will continue.

# **Food Options**

The venue will prepare a plain alternative to the main dishes. You may **request plain food** at all mealtimes without worry that this will cause any inconvenience.

They will also provide a salad bar and jacket potatoes, and will cater for any dietary needs we have been made aware of in advance.

# Hot Drinks

There are coffee and tea making facilities in your room as well as in the Lounge between 8am and 8pm.

# **Quiet Dining Room**

One of the two dining rooms will be designated as an area for quiet dining. This does not mean that you are not allowed to talk, but unnecessary or sudden noises should

be avoided. If you are eating with a group and likely to be talking loudly or laughing, please use the main dining room.

# **Interaction Badges**

You may sit at any table wearing any badge colour and that should be respected. Please bear in mind that badges sometimes flip over or are below the height of the table, where other people cannot see them.

# **Special Tables**

Special tables are provided to make meal times easier, and are clearly labelled.

# **Topic Tables**

There are tables at each meal time where popular conversation topics such as cats and science fiction are encouraged. If you sit at a topic table you are not required to talk only about that subject, but it should be something everyone at the table is happy to talk about.

# **Green Interaction Tables**

If you want to interact, but don't know who to sit with and none of the topic tables interest you, you may choose to sit at a green interaction table. This should attract other people who are in the same boat. Of course, someone will still have to start a conversation!

### Queuing

### We will:

- Stagger mealtimes to minimise queuing.
- Provide a quiet dining room.

### You can:

- Stand well back from the person in front.
- Ask other people to give you room.
- Wait five or ten minutes before going to your meal.
- Be prepared to communicate your meal choices by word or gesture before you get to the front of the queue.
- Sit down at a table for a while first, or get a salad and later go for your main meal once other people have been served and the queue is shorter.

# **No Interaction Tables**

There will be a few tables with **red** signs on for those who would like to eat without interacting with anyone. You <u>must not</u> initiate an interaction with someone on a no interaction table, regardless of their badge colour.

# **Autistic Community**

# **Being Autistic**

Autscape is an autistic space, where being autistic is the norm. Autistic traits such as stimming (repetitive movements), echolalia, distractibility, different ways of communicating, avoidance of eye contact, obsessiveness etc. are expected and accepted. Appearing (or, indeed, being) completely neurotypical is also perfectly acceptable.

Accommodation for autistic needs is built into the way Autscape is designed, but a downside of this is that other people are probably not going to go to extraordinary lengths to accommodate your individual needs. This is one of the great things about Autscape, but it can also be one of the more difficult aspects if you're accustomed to other people making adjustments for you (e.g. if you are especially sensitive to noise, it is **not** reasonable to enter a noisy space and demand that other people be quiet).

While being autistic brings many good things, it also means that certain difficulties are more common. **Social mistakes** are part of the territory. Autistic people may forget to look for initiation badges, interrupt, talk too much, talk too little or ask too many questions, **without any intention to offend**.

We try to make Autscape a place where autistic people can feel free to be themselves, without fear of being judged or excluded. **Please try to be tolerant**.

If anyone makes you feel **unsafe** or **unwelcome**, do not hesitate to talk to an organiser.

"At Autscape, being autistic is ordinary, not special"

# Organisers

It is important to remember that almost everyone at Autscape is autistic. Organisers are as much a part of the community as you, and may have many of the same needs and difficulties you do.

Please remember to extend respect for these guidelines to everyone.

# Diversity

Autscape welcomes participants from across the spectrum, and sympathetic non-autistic people. We are primarily oriented to autistic people's needs and interests, however much can be learned and enjoyed by an open-minded non-autistic person. We have welcomed people from a just a few months to over 80 years of age.

# The Whole Spectrum

Autscape is for all types of autistics.

We welcome people with high care needs, little or no speech, and behaviours that neurotypical society finds strange or problematic.

# "Diversity enriches the experience for everyone"

There are some parts of the event where sitting still and being quiet for long periods are required. If you can't manage this, there are other activities available during those times.

If you very much want to go to an activity and **need help to manage**, please **let us know**. Diversity enriches the experience for everyone, and organisers will try to find a way to make Autscape **more accessible** to you.

No matter where on or off the spectrum you find yourself, there is no need to be afraid that you won't fit in.

# **Different Beliefs**

Autscape is an autistic space, but it is <u>not</u> an activist space. Some autistic people may have different political or religious beliefs or ideas about autism. While most people who attend Autscape are positive about autism, some find it more negative and may even wish they could have a treatment or a cure for their difficulties. It is important that they find themselves respected and included at Autscape. Disagreement is fine, but please keep it civil, and respect that other people may have **different life experiences from your own**.

It is **not acceptable** to tell someone that they do not belong at Autscape on account of their beliefs, their line of work, or their experience of autism.

# Children

Children are an important part of the autistic community and are welcome at Autscape.

Autistic children benefit from being at Autscape because they get to see **adults like themselves** - an uncommon experience in the outside world. We also welcome neurotypical children of autistic parents.

Registration of a child under 16 includes participation in our **childcare programme**. Children aged 12 or older may have some freedom to attend suitable activities at their parents' discretion. Younger children <u>must</u> be in childcare or under close supervision of parents.

Children remain the responsibility of their parents at all times outside of childcare.

The venue has a playground in the garden, and a games room off the Lounge that children may find of interest.



# **Gender Identity and Expression**

You are likely to notice that there is a wide variety of gender expression at Autscape.

Please respect each individual's choice for how **they** wish to be identified, and as much as possible refer to them using the pronouns (e.g. he/him, she/her, they/them) they prefer. You may find that **some** people have put pronouns on their badges to help you interact appropriately with them.

On the other hand, **please be tolerant** of other people making **mistakes** with this. Some autistic people have considerable difficulty being flexible in the way they use language or in the rules which they use to classify people.

Some have problems with memory and may struggle to keep track of a large, or unfamiliar, group of people.

# Taking Care of Yourself

# **Expectations**

There is no formal or professional support structure in place at Autscape. All participants are considered competent and autonomous.

We believe you should have the freedom to make your own decisions and manage your needs in the way that best suits you. This may mean bringing **someone who can support you**.

It is expected that you will do your best to:

- Follow the rules.
- Respect other people's space and property.
- Ask for help when needed.
- Orient yourself.
- Take care of your health, hygiene and stress levels.
- Organise your time and manage your activity level.
- Speak up when other people violate your boundaries (i.e. say "No").

### **Routines**

### We will:

- Structure the days to help with routines such as getting up, eating and taking breaks.
- Ensure meals are cooked for you and served at specific times, so you can get enough nutritious food.

### You can:

- Use a medication box with compartments for each day which you can fill ahead of time.
- Put reminders on your phone for meals and activities.
- Leave extra time for dealing with an unfamiliar environment when planning how much time you will need to get ready.
- Arrange with another participant to help each other with small tasks, as long as you recognise that you are still responsible for yourself.

# "All participants are considered competent and autonomous"

See the inside of the front cover for details of how to get help.

# Interacting

While it may be difficult or unpleasant for many autistic people in the outside world, most of our participants enjoy socialising in the **autistic space** that Autscape provides. You may find someone who already shares interests or experiences with you, or people who would like to discover new interests.

# **Avoiding Interaction**

Many people are quite concerned about the heavy social demands of being in a large group for several days. There is **no** requirement for you to socialise at all, and no implicit or explicit disapproval if you choose not to interact with other people.

Bedrooms are a haven. You can go to your room whenever you wish.

<u>Never</u> enter someone else's bedroom unless you have been specifically invited to, and <u>do not</u> ask for other people's room numbers.

# Researchers, Journalists and Projects

### **Difficult Behaviour**

### We will:

- Make rules and boundaries as clear as possible.
- Provide initiation badges.
- Help or intervene if you have a problem you can't solve.
- Be forgiving when social mistakes happen.

### You can:

- Be tolerant. Part of being in an autistic space is accepting differences and difficulties of all kinds. When other people make social mistakes, try to be forgiving. That doesn't mean letting other people make Autscape unpleasant for you.
- Ask an organiser for help if you can't handle a situation or someone is bothering you.
- Be direct. Autistic people may not get hints or signals (e.g. that you don't want to interact with them).
   You don't have to be nasty, just clear.

If you are conducting research or a project you would like to recruit participants for, you <u>must</u> ask permission before advertising/recruiting in any way. Participants can wear book stickers (described on page 15) if they are wiling to be asked about participating in research and/or be quoted. This <u>does not</u> mean they will agree. You <u>must not</u> approach participants to ask if they will participate in your project unless they are displaying this sticker.

# **Initiation Badges**

Autscape has a coloured badge system to assist you with regulating your social interactions.

It is **very important** that you respect the initiation badges chosen by **everyone** at Autscape, including children, presenters and organisers.

It should be remembered that in an autistic space it is quite normal for people to be **clear and direct** about whether they wish to interact.

# **Red Badges**

A red badge means that you do not want anyone to initiate any interaction with you.

### **Yellow Badges**

A **yellow** badge means that you **do not** want anyone to initiate **any** interaction with you, **unless** you have given prior permission for them to do so.

Permission given at previous Autscape events  $\underline{\text{does not}}$  'carry over' and should be renewed each year.

# **Green Badges**

A **green** badge means that you want to interact but struggle to initiate contact with other people.

Try to wear a **green** badge **only** if you want someone to interact with you **right now** (e.g. if you are sitting in a presentation, you should consider not wearing a **green** badge).

If you feel able to **reach out to another person**, please make an effort to talk to someone wearing a **green** badge.

# White / No Badge

A **white** badge (or no badge) means that you are able to manage your own interactions.

If you are able to manage your own interactions, please do not wear a **green** badge, as this makes it easier for everyone to **identify people who are struggling**.

Autscape Handbook

# Mistakes

Even if you are wearing a **red** or **yellow** badge people may accidentally interact with you. Please **try to be forgiving** of such mistakes. You may choose to draw attention to your badge in order to **help them** recognise what they have done.

Likewise, you may accidentally interact with someone who is wearing a **red** or **yellow** badge. Please **try not be offended** if they react in a similar manner.

People wearing a **red** or **yellow** badge may be taking some time out from social interactions, so please **try not to take it personally**.

# Symbol Stickers

As well as coloured badges, we provide stickers to indicate your personal preferences to other people for three specific interactions:

- Teddy bear You may ask me for a hug.
- **Book** You may ask me to be quoted or participate in research or interviews.
- Camera You may ask me to be in a photo or video.



Even if a person is wearing a sticker, they may still say "no" and this <u>must</u> be respected. If you think you might find it difficult to say "no," don't wear a sticker.

If someone asks you for one of these interactions when you are not wearing a sticker, try to politely remind them that they are not meant to ask you and that no, you don't give permission.



# **Social Activities**

There is social space throughout the ground floor of the Main House, and various sitting areas throughout the venue. For more details about social spaces, see page 4.

# **Home Groups**

Are you looking for help with **meeting new people**? Home Groups have been created to enable people to feel comfortable at Autscape and to help them get the best out of their experience, by providing a small group of people that they can get to know better.

This year, Home Groups will meet in designated break out rooms off the main conference hall, or in the Reading Room.

Most people will have signed up for a home group when they booked, but you may still be able to sign up in the Information Area if any places are left.

Home Groups will meet for half an hour each day throughout the course of Autscape.

# Joining in

### We will:

- Have topic tables at each meal time.
- Have facilitated discussions and Home Groups so everyone who wants to can participate.
- Provide everyone with a set of initiation badges to help you interact socially (see page 14).

### You can:

- Choose an area that already has one or more people in it rather than sitting by yourself and hoping someone will join you – or other people may assume you want to be alone.
- Use your green badge -- but remember to take it off when you are not actively seeking interaction so it is more effective for everyone.
- Look for people wearing green badges and help them interact.
- Ask people if it is OK to join their group in the dining room or other social spaces.

### **Participant-led Activities**

Some Autscape participants host a variety of activities including discussion groups and games. To find out more see page 20.

Activities will be added throughout Autscape, so check regularly to ensure you don't miss out.

# Programme

This section gives an overview of some of the programme items that are available at Autscape.

You can stay up to date on the programme, including participant-led activities and any changes at <u>http://autscape.org/residential</u>

# Main Programme

The Main Programme includes lectures, workshops, and performances that were selected by the Autscape organisers and board from a large number of proposals. These are held between 9:30am and 5:30pm each day. The full up to date timetable can be found in the Information Area and online.

There may be more than one thing on at a time so you will have to make some choices about what to attend. Many autistic people find it hard to choose, but asking about the things you didn't attend is a possible conversation starter during social times.

### **Choices**

### We will:

- Try to give as much information as possible in advance so you can consider your options.
- Not run concurrent Main Programme events.

### You can:

 Consider your options well ahead of time and decide which activities you would like to do. This limits the stress of having too many choices to make when you have a lot of other things to cope with.

# Guidelines

- Please try to be quiet during presentations. If you find it very hard to control interruptions you can step outside the room for a bit and come back when you're ready. Most presentations will also be streamed to Zoom, which all in-person participants will also have access to.
- It is <u>always</u> OK to leave an activity whenever you wish, but please try to do so quietly.
- Please keep questions and comments brief.
- Written questions will be collected if you hold them and raise your hand.
- Please try to arrive on time.

- Presenters who can't cope with interruptions will be asked to wear a red badge.
  If you see a presenter wearing a red badge, please <u>do not</u> interrupt them. If you do have a question, you can write it down for later.
- "Flap, don't clap". Please show your appreciation for presentations and performances without clapping (e.g. by flapping or wiggling your fingers).
- An organiser or volunteer may raise their hand to quiet a group to make an announcement. Please also raise yours and stop talking. The mass of raised hands helps silence to spread without anyone having to shout louder than the crowd.

# Leisure Programme

The Leisure Programme consists of **informal activities** which the Autscape team provides in addition to the Main Programme.

### Disco

On Thursday evening we have a disco with a local DJ. This is a uniquely Autscape disco where the **music is quieter** than typical. You are welcome to dance, stim, or just sit and enjoy the music.

# African Drumming

Due to its popularity last year we are having Andy back to provide his excellent African Drumming workshop on Thursday morning.

This will be a relaxed and friendly event. No experience is necessary - all are welcome.

# **Countdown Game**

**Getting a Break** 

### We will:

- Provide less formal recreational activities.
- Provide games and crafting spaces.
- Provide quiet spaces in public areas.

### You can:

- Take time out to relax in whatever way works best for you. Adequate rest and sleep will help you cope.
- Pace yourself Don't try to do everything.
- Leave activities early if you're feeling stressed.
- Sit at a 'no interaction' table and eat without interruption.
- Wear an interaction badge.
- Go to a quiet place such as your bedroom, Sensory Room, or the gardens.

Due to popular demand, Elaine's Countdown Game will be on Thursday evening!

# Concerts

On the first night James Pelham will perform a relaxing **piano recital** to welcome people to Autscape.

We are also fortunate to have the opportunity to listen to a concert put together by veteran volunteers James Pelham, Madge Woollard, and Katja Gottchewski on Thursday evening.

# **Lightning Talks**

Do you have an interest or project you would like to **share with other people**? Do you like to **learn interesting things** without having to listen to a long presentation?

If your answer to either of these questions is 'yes', then you may enjoy the Lightning Talks, which are 5 minute slide-free presentations on any topic you can imagine.

If you decide you would like to give a Lightning Talk, we ask that you **sign up in advance** in the Information Area, and please keep it family-friendly.

There will be two lightning talk sessions on Friday. The morning session **will not** be streamed online and the afternoon session **will**. If you are concerned about **being on camera**, please ensure you sign up for the morning session.

# **Entertainment Evening**

On Friday evening we have a variety show of various acts put on by Autscape participants. If you wish to perform, you are welcome to **sign up** in the Information Area.

All skill levels are welcome and appreciated.

To ensure the evening runs to time, the number of acts is limited. Performances should be restricted to 4 minutes. **Sign up early to avoid being disappointed!** 

# Sparklies in the Dark

On the first evening we enjoy another uniquely Autscape experience, where people enjoy light up and glowing items in a darkened room.

One free glow stick is provided for each person, and there are light up items for sale.

# Activities we would like you to sign up for

In nearly all cases you can decide whether or not to attend activities spontaneously. However, we would like you to sign up in the Information Area if you would like to do any of the following:

- Home Groups
- Lightning Talks
- Entertainment Evening

# Participant-led Programme

We always have a variety of participant-led activities, including discussions, presentations, performances, games and workshops. This programme will not be printed ahead of time, because it changes too often.

You can find the most up-to-date schedule in the Information Area, or online at:

### http://autscape.org/residential

# **Online Event and Hybrid Events**

This year, as well as having the online sister event, there will also be hybrid events hosted from the venue. These will only be held in the Derwent Room.

If you attend a hybrid event, you should **<u>expect</u>** to be recorded.

Streamed Main Programme events are indicated in brown on the schedule. **If you do not wish to be recorded**, please check if the session is being streamed, make yourself aware of where the cameras are, and **find an appropriate place to sit**.

Every participant at Autscape has access to the Online Event.

People often join from their rooms using Zoom, but you may do so anywhere, as long as it does not disrupt any existing event at Autscape. You **must** ensure that no one else is captured by your camera or microphone.

The Discord server offers a way to interact with both online and in-person participants. This year, it will only be open when moderators are available. Check the schedule for more details.

# **Reporting Incidents**

At Autscape there are occasionally things that happen that upset people. If someone upsets you and you feel their behaviour was unacceptable, you can **report it** to a manager, or a member of the information desk team.

This year we are introducing an official Incident Form which will make it easier for us to monitor any persistent and/or serious rule-breaking at Autscape.

The Autscape Board will be able to use these forms to take action against anyone who causes persistent and/or serious upset to other participants, volunteers, and venue staff.

If your issue is less serious, please use the "Action Needed" box instead.

# **Over-18 Talks and Discussions**

These talks/discussions are for over-18s only.

A sign will be displayed outside the door of such sessions to indicate this.

Autscape cannot guarantee that the content of any events will be suitable for all participants.

# Acknowledgements

The Event Management Team would like to acknowledge the many hours of hard work put in alongside them before, during, and after Autscape by other volunteers.

Special thanks to:

- Aaron (Registration & AV Tech)
- Chen (Zoom host & AV Tech)
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- Ian (AV Tech Coordinator)
- Laura BM (Information Desk)
- Laura W (Information Desk)
- Leneh (Information Desk)
- Madge (Assistant Event Manager)

- Martha (Registration & AV Tech)
- Martijn (Website)
- Richard (Treasurer)
- Rin (Information Desk)
- Rudi (Registration Assistant)
- Tomas (Discord & Information Desk)
- Trish (Artwork)

# Our Sponsors

Autscape would like to thank our sponsors for their support.

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