

## BREAKFAST

SELECTION FROM THE SERVERY	BACON, SAUSAGE, EGGS, HASH BROWN, MUSHROOMS, BAKED BEANS, TOMATOES	GLUTEN FREE AND VEGAN OPTIONS
FROM THE SERVERY	TOAST WITH VARIOUS BUTTERS, SPREADS & PRESERVES	GLUTEN FREE TOAST AVAILABLE
SELF SERVICE	SELECTION OF CEREALS AND PORRIDGE <small>(MADE WITH WATER)</small>	GLUTEN FREE OPTIONS
SELF SERVICE	SELECTION OF YOGHURTS AND FRESH FRUIT	ALPRO YOGHURTS AVAILABLE

## LUNCH

<b>TUESDAY</b>	CHIPOTLE BEEF FAJITAS CHICKEN FAJITAS VEGETABLE FAJITAS WARM FLOUR TORTILLAS CHICKEN THIGHS SMOKED MACKEREL	ZESTY RICE SALAD SALAD DRESSINGS HOMEMADE SOUP BREAD	ASSORTED TRAY BAKES FRESH FRUIT SALAD
<b>WEDNESDAY</b>	PIZZA BURGERS SMOKED MACKEREL COLD MEAT SELECTION	FRIES SALAD SALAD DRESSINGS AND SAUCES HOMEMADE SOUP BREAD	ASSORTED TRAY BAKES FRESH FRUIT SALAD
<b>THURSDAY</b>	CHICKEN ARRIBATTIA MUSHROOM AND PEPPER CARBONARA MEDITERRANEAN VEGETABLE RAGU SMOKED MACKEREL COLD MEAT SELECTION	SALAD SALAD DRESSINGS PENNE PASTA SEASONED WEDGES GARLIC BREAD SLICES HOMEMADE SOUP BREAD	ASSORTED TRAY BAKES FRESH FRUIT SALAD

## DINNER

<b>MONDAY</b>	GRILLED PORK STEAK, APPLE AND ONION SAUCE BASA IN CHILLI, GARLIC AND GINGER VEGAN HAM AND CHEESE CROWN VEGAN BEAN AND SWEET POTATO CASSEROLE	BUTTERED NEW POTATOES ROASTED MEDITERRANEAN VEGETABLES BREAD ROLLS SALAD SALAD DRESSINGS	CHOCOLATE BROWNIE LEMON TART
<b>TUESDAY</b>	HOME MADE BEEF LASAGNA CHICKEN BREAST, MUSHROOM AND CREAM SAUCE MEDITERRANEAN VEGETABLE PASTA BAKE THREE BEAN CHILLI	TUMERIC SPICED RICE BUTTERED NEW POTATOES SEASONAL VEGETABLES GARLIC BREAD SLICES SALAD BREAD ROLLS	WARM JAM SPONGE WITH CUSTARD INDIVIDUAL ETON MESS
<b>WEDNESDAY</b>	ROAST BEEF AND YORKSHIRE PUDDING OVEN BAKED CHICKEN SUPREME VEGAN VEGETABLE HOTPOT NUTLESS ROAST SLICE	ROASTED POTATOES SEASONAL VEGETABLES VEGETARIAN GRAVY SALAD SALAD DRESSINGS	PINEAPPLE UPSIDE DOWN CAKE WITH CUSTARD CHOCOLATE POT
<b>THURSDAY</b>	CHICKEN BREAST, BACON AND ONION SAUCE SALMON STEAK, HOLLANDAISE SAUCE MUSHROOM STROGANOFF BUTTERNUT SQUASH, SPINACH & CHICKPEA CURRY	STEAMED NEW POTATOES BRAISED LONG GRAIN RICE SEASONAL VEGETABLES SALAD SALAD DRESSINGS AND SAUCES	CHOCOLATE BROWNIE CHEESECAKE SELECTION

TEA/COFFEE/JUICE - SELF SERVICE - VARIOUS MILKS AVAILABLE INCLUDING SOYA, ALMOND, LACTOFREE

GLUTEN FREE OPTIONS WILL BE AVAILABLE FROM THE SERVERY, DESSERTS ARE SUITABLE FOR VEGANS

PLAIN VERSIONS AND SEPARATE VEGETABLES, PLAIN PASTA AND JACKET POTATOES AVAILABLE

FOOD WILL BE LABELLED