



AUTSCAPE
Advocacy & Autonomy

2023



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Handbook

If you need help

Please talk to an Autscope organiser, not the venue staff.

Urgent issues

Management team: Lenah Buckle (Event Manager), Elaine Binhammer (Registrar), and James Pelham (Programme).

There are many other people helping to organise, including:

- Kacey (home groups & programme)
- Ian and James S. (tech)
- Chen (online programme)
- David S., Laura, Katja, George & others

How to find an organiser:

- Wearing a **blue** high vis vest, sash, arm band, hat or badge
- At the **information desk** in Butterley Hall 1 from 9am to 8pm except for meal times.

There is always an organiser 'on call' at night. Their name and room location will be posted outside the Hub..

You can also phone or text us on:

07770 696066

Asking for help

We will:

Be identifiable (wearing blue) and available (at the info desk).

Provide ways to reach us without talking.

You can:

Rehearse some scripts you may need.

Write a note and hand it to an organiser or put in in the action needed box.

Ring, text or send an email.

Take a breather. Rest, relax, and gather yourself for the next activity.

Non-urgent issues

If your issue is not urgent, you can do any of the above, or:

- send us an email at info@autscope.org,
- use the ask an organiser channel on the Discord, or
- put a note in the 'action needed' box in the **information area**

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Introduction

Welcome to the 19th annual Autscope event! This booklet contains most of what you need to know about the physical environment, social interaction, and the programme of activities at Autscope. Even if you've been before, it is worth a quick look to find out about this year's event and any changes.

We consider autistic people's needs and preferences in every aspect of planning and running each event, but that doesn't mean it will be a perfect fit for you. We cannot always anticipate or accommodate every need of every autistic person. One autistic person's needs might clash with another's. In such cases, we will do our best to work out a compromise, but a little goodwill on your part may also be needed. See the orange boxes for more about how to deal with some common challenges.

Autscope is run on a voluntary basis with no paid staff. We may not be able to do everything we would like to make the ideal Autscope. We've done our best within the limits of our knowledge, energy and resources, and the limitations of the venue and its staff.

Everything at Autscope is completely optional. You are not obliged to attend anything, speak to anyone (unless you are a parent or carer), or participate in any way. If you are interested in doing things, there is plenty going on throughout the day - serious, fun, structured and unstructured. You are free to enjoy Autscope in whatever way works for you, whether that is by attending every presentation, ignoring the main programme to have more time to socialise, or going for walks and enjoying the sensory room.

Challenges

Even though Autscope is autistic space, there are still some things many people find challenging.

We will:

Identify common challenges in boxes like this.

Explain what we will do to try to make it easier.

You can:

Try some of the tips to make it easier for yourself.

Help ensure it goes well for everyone.

Taking care of yourself

Expectations

There is no formal or professional support structure in place at Autscope. All participants are considered competent and autonomous. That means we believe you can make your own decisions and manage your needs in the way that best suits you. Sometimes that might mean bringing someone to support you. You are expected to:

- Take care of your health, hygiene and stress levels
- Respect others' space and property
- Follow rules about things like smoking and noise
- Organise your time and manage your activity level
- Orient yourself
- Say 'no'
- Ask for help when needed

See the inside of the front cover for details of how to get help.

It is particularly important to alert us to issues as soon as possible for the best chance to do something about it.

**All participants are
considered
competent and
autonomous.**

Routines

We will:

Structure the days to help with routines such as getting up, eating and taking breaks.

Ensure meals are cooked for you and served at specific times, so you should get enough nutritious food.

You can:

Use a medication box with compartments for each day which you can fill ahead of time.

Put reminders on your phone for meals and activities you want to go to.

When planning how much time you will need to get ready, leave extra time for dealing with an unfamiliar environment.

Sometimes you and another participant may agree to help each other with small tasks, as long as you recognise that in the end, you are still responsible for yourself.

Rules and procedures

House rules

For the comfort, safety and health of everyone, Autscape has a few 'house rules.' All of these have reasons behind them, and organisers will explain them to you if you ask. The venue also has a few of its own which we may not understand but need to follow to keep the goodwill of venue staff and make sure we are welcome to return.

- Smoke only in designated areas, well away from all windows and doors. Smoke can make some people ill.
- Please leave all equipment (including Autscape's sensory toys and games) in the room in which you found it.
- No food or open drinks in the meeting rooms. Cups with lids are acceptable. Even if you are coordinated enough to avoid knocking over your drink, someone else might not be, so please be very careful about where you put it down.
- **No hot or 'wet' food.** The venue's rules are that only prepackaged food such as crisps and sweets may be brought into the venue. This means that you will not be able to reheat your own food or bring in takeaways or similar.

Departure

You must vacate your room **by 9:30am** on your day of departure. *Your key will stop working* at that time and housekeeping need to get in to prepare for the next group. We will have a designated space for you to leave your luggage. If you are leaving on Thursday please leave the venue **by 2pm**. If you are leaving on Friday, please leave **by 10am**.

We know it can be very difficult to leave the relative comfort of autistic space, but it causes organisers a lot of stress trying to get reluctant people to leave when we are having to get ourselves organised and out as well. It's not possible for everyone to be the last one out.

Facilities

The Hub

A combined information and exhibition space, **The Hub** is located in **Butterley Hall 1** in the main house. This is where you can find:

Information desk

The information desk will have an organiser as much of the time as possible from 9am to 8pm except for the middle of mealtimes. Here you can ask questions, ask for help, or find the lost and found. You can also find badge supplies or swap for something you find more comfortable.

Programme desk

At the programme desk you can:

- Sign up for activities, e.g. entertainment evening and lightning talks
- Schedule an activity you want to lead
- Find out what is happening

Merchandise

Here you can buy Autscope merchandise, snacks and sensory toys (cash only).

Participants' exhibits

Here you can learn about various initiatives, projects or research as well as buy things other participants are selling. Spaces must be booked and paid for in advance. If there are extra spaces you may be able to book one at the information desk. We will also have a give away table for free items.

Sensory room

The sensory room (see pg. 8) will be in a breakout room off The Hub.

Leisure facilities

Games and toys

- In the lounge we will have have games, puzzles and simple craft supplies. You can pop in any time or schedule an activity to do with others. If you want more table space, you may want to book Butterley Hall 2 when it is available.
- On the ground floor, off the lounge, there is a **games room** equipped with a pool table.
- **Orchard Hall** has playthings for young children and a playground.

Sports and fitness

There is a variety of indoor and outdoor areas for sports and fitness.

- Croquet is available off the main house lawn, there is a full size football pitch near the lakes and other games are available.
- There is an **indoor gym** (near the Quad, age 18+ only), with running, cycling and rowing machines and a weight training cable machine.
- **Table tennis** is available in Orchard Hall, which is next to the playground. This space is also available for socialising.

Outdoor spaces

- **Grounds.** The venue has 100 acres of gardens and grounds including a wooded area and lake.

Sensory room

We have a sensory room set up in a breakout room off **The Hub** (see pg. 7) for participants to explore and enjoy the equipment at their leisure. It is open throughout the day, although it may occasionally be used for scheduled activities or silent times.

Please treat all equipment with due care! There are instructions for the projector at the **information desk**. If in doubt, ask an organiser to give you a hand. Please make sure the projector is on a low speed or off before you leave the room.

Social space

You can find out more about socialising at Autscope in the Community section on pg. 15. Social spaces include extensive **lounge areas** in the Main House. This includes a bar which will be open each evening (card only). There are additional seating areas throughout the venue.

On the first floor of the main house is a small lounge area for children and their carers.

Bedrooms

Bedrooms are a haven. You can go to your room whenever you like. Never follow anyone to their room unless you're specifically invited, and don't ask for others' room numbers.

Nearly all bedrooms are en suite, so if you have any difficulty with shared toilets in public areas you can use the one in your room.

Bedrooms are cleaned daily. If you do not want your room to be cleaned, please **put a 'do not disturb' sign on your door**. If you don't want cleaning but do want your bin emptied, leave it outside your door.

All bedrooms have coffee and tea making facilities. Refills of drinks supplies are available from the information area.

Finding your way

We will:

Provide you with a map and post them in strategic places around the venue.

Offer to show you to your room and give a tour of the site.

You can:

Wander around the facilities to familiarise yourself with the location of everything.

Head to activities with plenty of time for getting lost and found again.

Locate essential facilities such as toilets, fire escapes, and dining hall.

Keep your schedule and map with you.

Be prepared to ask for help or direction, with gestures if necessary. (E.g. point to the name of what you're looking for on the map.)

Catering

If you are a full time participant, all of your meals and refreshment breaks are included. Non-residential bookings include lunch.

Meal service

Meals are served in both dining rooms buffet style (with staff serving some items) where you queue up and take your meal away on a tray.

Breakfast **8:00-9:00**

Lunch **12:30-14:00**

Evening meal **18:00-19:30**

There is no need for everyone to join the queue at the same time. But please do try to get there within the first 40 minutes.

As a way of reducing crowds, home groups (see page 17) are scheduled during the first half hour of meal serving time. If you go to a home group, please go straight to get your meal afterwards.

Food options

The venue will always prepare a plain alternative to each main dish. We have asked them to make more than the usual proportion of these. They will also provide a salad bar, jacket potato options, and cater for all dietary needs we have been told about in advance.

Hot drinks

There are coffee and tea making facilities in your room, and drinks machines are available in the lounge 8am-8pm.

Queuing

We will:

Stagger mealtimes to minimise queuing.

Provide a quiet dining room.

You can:

Stand well back from the person in front.

Ask others to leave space.

Wait five or ten minutes before going to your meal.

Be prepared to communicate your meal choices by word or gesture before you get to the front of the queue.

Sit down at a table for a while first or get a salad and then go for your main meal after others have been served.

Dining spaces

Quiet dining room

It is impossible to eat silently, but after difficulty getting this room quiet enough, we are now asking for **no talking** in the quiet dining room. If you really must communicate, e.g. to ask someone to pass you something, please do so at no more than a whisper.

Other spaces

Please don't take your meals to your room; there is a designated quiet dining area, the Vinery, and outside spaces. Please return your dishes to the dining rooms.

Special tables

We have a few adjustments to make meal times easier. You may sit at any table wearing any badge colour and that should be respected. Bear in mind that sometimes badges flip over or are below the height of the table so others can't see them. We will also provide a few labelled tables.

Topic tables

Topic tables have a sign with a popular conversation topic such as cats and science fiction. If you sit at a table with a topic you are not required to talk about only that topic, but it should be something everyone at the table is happy to talk about. These will be changed regularly for variety.

Green interaction tables

If you want to interact, but don't know who to sit with, and none of the topic tables interest you, try sitting with someone who has a green badge. Alternatively, you can try a green interaction table. This should attract a few people who are in the same boat. There is only so much we can do, however. One of you will still have to initiate!

No interaction table

The opposite of the green interaction tables, there will be a few tables clearly marked with red 'no interaction' signs for those who would like to eat without interacting with anyone.

Autistic community

Being autistic

Autscape is an autistic space, where being autistic is ordinary, not special. Stimming (repetitive movements), echolalia, distractibility, direct communication, avoidance of eye contact, strong interests, and other autistic traits are expected and accepted as part of an autistic conference. Appearing (or, indeed, being) completely neurotypical is also perfectly acceptable.

Accommodation for many autistic needs is built in to the way Autscape is designed, but a downside of this is that others are probably not going to go to extraordinary lengths to accommodate your needs. This is one of the great things about Autscape, but can also be one of the more difficult aspects if you're accustomed to others making adjustments for you.

At Autscape, being autistic is ordinary, not special.

While being autistic brings many good things, it also means that certain difficulties are more common. Social mistakes are part of the territory. Autistic people may forget to look for initiation badges, interrupt, talk too much or too little, ask too many questions, or use the wrong pronouns, all without any intention to offend.

Organisers

It is important to remember that almost everyone at Autscape, including presenters and organisers, is also autistic. We have many of the same needs and difficulties you do. Please remember to extend respect for these guidelines to organisers and children, who are as much a part of the community as adult participants.

Diversity

Autescape welcomes participants of all types. We believe that diversity enriches the experience for everyone. People of any age, belief system, neurotype, skin colour, occupation, gender, etc. are all allowed here and should be free from bigotry, mistreatment or exclusion on the basis of who they are or what they think.

Neurological diversity

Autescape is not 'Aspies only'. We welcome people with high care needs, little or no speech, and behaviours the neurotypical society finds strange or problematic. There are some parts of

the event involving sitting and listening, but there are many other things you can do if that doesn't suit you. If you want to go to an activity and need help to manage, let us know and we'll try to find a way to make it more accessible to you.

Autescape is also not autistics only. We are oriented to autistic people's needs and interests, but there is much to be learned and enjoyed for an open minded non-autistic person.

**Diversity enriches
the experience for
everyone.**

Gender identity and expression

You are likely to notice that there is a wide variety of gender expression at Autescape. Please respect each individual's choice for how they wish to be identified, and as much as possible refer to them using the pronouns (e.g. he/him, she/her, they/them) they prefer. On the other hand, please be tolerant of others not getting this right. Some autistic people have considerable difficulty being flexible in the way they use language or in the rules they use to classify people.

Cultural, racial and ethnic diversity

Autescape has always been held in the UK, but that is by accident, not design. Autescape welcomes people from different countries and cultures. Try to consider when interacting with others that their language, customs and belief systems may be different from yours. You may both have to work a bit to understand each other.

Unlike gender expression, you may notice that there is not as much racial variety as we might like. People of colour are explicitly welcome at Autscope. As with other forms of discrimination or personal attack, racism will not be tolerated.

Different beliefs

Autscope is an autistic space, but not an activist space. Some autistic people may have different political beliefs or ideas about autism. While most people who attend Autscope are positive about autism, some find it more negative and may even wish they could have a treatment or a cure for their difficulties. It is important that they are respected and included at Autscope.

Tolerance

We try hard to make Autscope a place where autistic people can feel free to be themselves without fear of being judged or excluded. Try to be tolerant. Disagreement is absolutely fine, but please keep it civil and respect that others may have different life experience from you. You don't have to agree with someone, understand or even like them to treat them with respect. It is not ok to tell someone that they don't belong at Autscope on account of who they are, what they believe, or their occupation. No matter where on or off the spectrum you find yourself, if someone tells you that you don't belong because of something about you, they are wrong. If anyone makes you feel unsafe or unwelcome, please come and talk to an organiser.

Difficult behaviour

We will:

Make rules and boundaries as clear as possible.

Provide initiation badges.

Try to help or intervene if you have a problem you can't solve.

Be forgiving when social mistakes happen.

Not tolerate racism, sexism, homophobia, transphobia or any other abuse or mistreatment.

You can:

Be tolerant. Part of being in an autistic space is accepting differences and difficulties of all kinds. Let others make social mistakes and be forgiving. That doesn't mean letting others make Autscope unpleasant for you. If you have a problem, please contact an organiser.

Be direct. Autistic people may not get hints or signals, e.g., that you don't want to interact with them. You don't have to be nasty, just clear.

If you can't handle the situation or someone is bothering you, please ask an organiser for help.

Families

Children are welcome at Autscope and are part of our autistic community. Autistic children benefit from being at Autscope because they get to see adults like them, who are uncommon in the general population. We also welcome neurotypical children.

Registration of a child includes participation in our childcare for children up to 17 years old. The staff:child ratio is roughly 1:6. If your child needs closer supervision than this, please have someone stay with them. If you need extra help, we may be able to provide a volunteer, so please ask.

Children are not required to go to childcare. Those under age 12 must stay with a responsible adult. Those age 12 or older may have some freedom to attend suitable activities at their parents' discretion, but remain the responsibility of their parents at all times.

There is a playground in the garden and a games room off the lounge that may be of interest. There is also a small lounge on the first floor of the main house (above the main lounge) that will be mainly used by parents and children. There is often a scheduled discussion group for parents.



Interacting

While it may be aversive to some people, most of our participants enjoy socialising with other participants. Just be sure to respect the initiation badges. You may find someone who shares interests or experiences with you, but if not, you may also find people who would like to learn.

Initiation badges

There is a coloured badge system for those who have difficulty regulating social interaction, such as by approaching people or responding to unwanted approaches from others. If you prefer to manage approaches without this help (even if you do not wish to interact, but are able to say so) you **don't need the coloured badges**.

If someone is not wearing a coloured badge, or has covered their badge with a white one, social approaches happen on the same terms as in the 'real world' outside Autscope where no one wears badges. However, in autistic space it's quite normal to be clear and direct (not rude) about whether you feel like talking right now.

If you do use the badges, you can change colours whenever you want.

Red

A red badge means that the wearer doesn't want anyone else to initiate any interaction with them. It does not mean they are in distress. They may be, or they may be quite content and just not feel like interacting.

Joining in

We will:

Have topic tables at each meal time.

Have facilitated discussions and home groups so everyone who wants to can participate.

Provide everyone with a set of initiation badges including a green badge that invites others to interact.

You can:

Choose an area that already has one or more people in it rather than sitting by yourself and hoping someone will join you. Others may assume you want to be alone.

Use your green badge and remember to take it off when you are not actively seeking interaction so it is more effective for everyone.

Look for people wearing green badges.

Ask people if it is ok to join in their group in the dining room, drop-in, café or other social spaces.

Attend a home group.

Yellow

A yellow badge is like a red badge, but it allows people you are particularly comfortable with to initiate interactions with you. You need to decide for yourself who (if anyone) can interact with you on yellow and let them know. Don't assume that you have permission to talk to someone else on yellow, even if you are a family member, friend, or have been allowed in the past. Permission needs to be renewed at each Autscope.

Green

A green badge is used if you want to interact but are finding it **hard to initiate**. When people use green too much, it loses its effect. If you are open to interaction but able to initiate, use white or no badge, **not green**. Try to use the green badge **only if you want someone to interact with you right now**. If you have a moment when you feel like you could reach out to another person, please make an effort to talk to someone on a green badge.

It is very important that everyone respect the initiation badges, including for children, presenters and organisers. If you make a mistake and are reminded that someone is on red, for instance, try not to take it personally. They may be just taking some time to regroup and may be happy to talk to you later.

Symbol stickers

Teddy bear: You may ask me for a hug

Book: You may ask me to be quoted or participate in research or interviews

Camera: You may ask me to be in a photo or video.



Even if a person is wearing a sticker, they may say "no" and that should be respected. If you think you might find it difficult to say "no," don't wear a sticker! If someone asks you for one of these things even though you are not wearing a sticker, try to gently remind them that they are not meant to ask you and that no, you don't give permission.

Researchers, journalists and projects

If you are hoping to recruit participants for your research, an article, or another project you, you must ask permission before advertising in and/

or to be quoted. You must not approach participants to ask if they will participate in your project unless they are displaying a book sticker.

Social activities

There is social space throughout the ground floor of the Main House, and various sitting areas throughout the venue. For more details, see pg. 9.

Home groups

Home groups have been created to help people, especially those who are new, feel comfortable at Autscope and get the best out of the experience by providing a small group that they can get to know a bit better. It's not a guarantee you will connect with someone, but it may improve your chances.

Home groups meet for half an hour at the same time each day. The details should be in your registration pack. Most people will have signed up for a home group when booking; a few people were missed, so we have assigned them at random. Whether you have signed up for a home group or not, you are not required to attend.

Informal activities

Autscape participants offer a variety of activities such as discussions and games. We call these participant-led activities. Items will be added throughout Autscape, so check the online programme for updates. If you want to add something you haven't already told us about, go to the **information desk** to book.

Not interacting

Many people are, understandably, quite concerned about the heavy social demands of being in a large group for several days. There is no requirement to socialise at all, and there will be no implicit or explicit disapproval of those who choose not to interact with others. Remember, if you have had enough of interacting for a while, you can take a break in your room, the sensory room, outdoors or off site.



Sensory processing

Sensory processing differences are common among autistic people, and vary a lot from one person to another. Others' sensitivities may differ from yours; please be considerate if someone tells you something is bothering them, even if it doesn't make sense to you. We have a sensory room which may help you regulate (see pg. 8).

Minimising distress

Smell

- Remove strong odours (e.g., tobacco, alcohol, coffee) as much as possible before rejoining groups.
- Avoid highly scented products such as perfumes and aftershaves (lightly scented soap and deodorant are ok).

Light

- Others in the room may be distracted or distressed by toys with lights. If you would like to use these in presentations, please sit towards the back of the room.
- Get permission from everyone in the room before using a camera flash.

Touch

- Ask before touching anyone, including children.

Sound

- Be quiet in corridors and outside bedrooms.
- Make sure sound doesn't 'leak' from headphones.
- If you would like to play an instrument, please do so away from the main public spaces and windows.

Sensory overload

We will:

Do our best to keep things orderly and calm.

Have quiet spaces to get away to, both indoors and out.

Have the main dining room separated into smaller areas to keep noise down.

Ask people not to clap after presentations and performances.

Use natural lighting whenever practical.

You can:

Use equipment to reduce sensory input. No one will think it odd if you wear tinted glasses, earplugs, headphones, or whatever you require.

Take time out as needed. Here are some places you can do that: sensory room (Writing Room), your bedroom, or outdoors.

You can use the quiet dining room or take your food outside.

Activities

This section gives an overview of some of the activities happening at Autscope. These fit into three main categories:

- The **Main Programme** of lectures and workshops were selected by the organisers and board from submitted proposals.
- The **Supplemental Programme** of discussions, entertainment and leisure activities that have been organised by Autscope.
- **Informal activities** are run by participants for each other.

There may be more than one thing on at a time so you will have to make some choices about what to attend. With over 200 participants, we have to cater to different needs and preferences. Asking about the things you didn't attend is a possible conversation starter during social times.

Changes happen and informal activities are added all the time. A full up to date timetable can be found at the **information area** and **online**.

www.autscope.org/programme/

Main programme

The Main Programme runs between 9:30am and 6pm each day, with a break after lunch for other activities. Childcare is provided during main programme hours (excluding lunch time).

Workshops have some level of audience interaction included, whereas lectures are not interactive but usually have an associated discussion on the same topic later during Autscope.

Choices

We will:

Try to give as much information as possible in advance so you can consider your options.

Try to minimise the amount of concurrent workshops to limit the number of hard decisions.

You can:

Consider your options well ahead of time. Decide which workshops and leisure activities you would like to do. This can limit the stress of having many choices to make when you have a lot of other things to cope with.

Guidelines

- Please try to be quiet during presentations. If you find it hard to control interruptions you can step outside the room for a bit and come back when you're ready, or you can watch the sessions live online.
- Presenters who prefer to present without interruptions will be asked to use a **red badge**. So if you see a presenter with a red badge, please don't interrupt them at all. If you have a question, write it down for later.
- Please try to arrive on time, but it is usually ok to enter an activity after it has started. **It is always ok to leave an activity** whenever you wish, but try to do so quietly.
- For sessions that are very sensitive to interruption, quiet (e.g. meditation) or private, you **may not be allowed to enter after the first 10 minutes**. If this is the case, there will be a notice on the door.
- Flap, don't clap. Please show your appreciation for presentations and performances without clapping, such as by flapping or wriggling fingers.
- An organiser or volunteer may raise their hand to quiet a group to make an announcement. Please also raise yours and stop talking. The mass of raised hands will cause silence to spread without anyone having to shout louder than the crowd.
- Please keep questions and comments brief. There are others in the room who have come to hear the presenters. There will be time later for more detailed discussion. Written questions will be collected if you hold them when you raise your hand.

Getting a break

We will:

Schedule long (at least 30 minutes) breaks between each activity, and a leisure session each afternoon.

Have more relaxed early afternoons and evenings, with practical activities and discussion groups.

Provide quiet spaces in public areas.

Provide single bedrooms.

You can:

Take time out to relax in whatever way works best for you. Taking adequate rest and sleep will help you cope with as much activity as you would like.

Decide not to do a particular activity, or to leave early if you're feeling stressed. Only you can choose what you would like to do with your time at Autscape. See also the *Choices* box.

Sit at a 'no interaction' table and eat without interruption.

Wear a red badge.

Go to a quiet place such as the gardens, or the sensory room. You can also go to your bedroom.

Supplemental programme

The supplemental programme has had many names over the years that have become somewhat confusing. We're calling it supplemental to show that it is part of the Autscope programme and it supplements, or adds to, the Main Programme. These activities are organised by Autscope and fall outside of the main lectures and workshops.

Discussions

Most lectures will have an associated discussion on the same topic either straight after or later on the same day. They will always be facilitated. Again, try to keep your own input brief so others have a chance.

Confidentiality

Discussions at Autscope are normally confidential. With prior approval, we occasionally allow discussions or workshops for external projects or research. If any activity may contribute to something outside of that discussion, it will be clearly marked on the door and stated at the start of the activity. If you participate and then change your mind, you can ask to have your comments removed.

Leisure activities

This year we have a number of leisure activities planned, including:

- **Sparklies in the Dark.** Enjoy light-up and glowing items the darkened Sports Hall. There will be one free glow stick for each person and light up items for sale.
- **African Drumming workshops.** On Tuesday afternoon there are two workshops by a professional provider. Please sign up in advance (see below).
- **Disco.** A uniquely Autscope disco where the DJ is one of our own. The music is less loud and you can dance, move, or just enjoy the music.
- **Theatre performance.** On Tuesday afternoon we will be joined by Spectrum Theatre who are putting on a performance for us.

Things you can contribute to (or just listen)

In nearly all cases you can just decide whether to go to something (or not) spontaneously. However, if you would like to attend a *drumming workshop* or contribute to the *entertainment evening* or *lightning talks* we would like you to **sign up in advance** on the **online calendar** at the **information desk**.

Entertainment evening

The entertainment evening has become a regular feature at Autscope. We have had various acts, musical and otherwise. You do not have to be specially talented. All types of offerings at all skill levels are welcome and appreciated. In an attempt to ensure the evening does not last too long, we are asking that performances are no more than 4 minutes. If you would like to contribute, please sign up (see above).

Lightning talks

Do you have an interest or project you would like to share with others? Do you like to learn interesting things without having to listen to a long lecture? If either of these is 'yes', you may enjoy Lightning Talks. These are 5 minute slide-free quick talks on just about any topic you can imagine (but please keep it family friendly).

Informal activities

We always have a variety of activities organised and led by participants, including discussions, presentations, performances, games and workshops. Spontaneous activities can be added to the schedule at any time during Autscope. If you would like to add one, please ask a volunteer at the **information desk** to book it for you.

This programme may change. See:
www.autscope.org/programme/

THE HAYES

DERBYSHIRE

CONFERENCE CENTRE

- 1 Main Conference Hall
- 2 Butterley Hall
- 3 Orchard Hall Clubhouse
- 4 Derbyshire Suite

-  Bar
-  Chapel
-  Croquet

-  Dining Rooms
-  Outdoor Games
-  Tea & Coffee

-  Outdoor Sports Area
-  Play Equipment
-  Sports Hall

