



# Handbook



Photo © Panda Mery

# If you need help

Please talk to an Autscope organiser, not the venue staff.

## Urgent issues

**Management team:** Lenah Buckle (Event Manager), Elaine Binhammer (Registrar), and James Pelham (Programme).

There are many other people helping to organise, including:

- Kacey (home groups)
- Seth (tech)
- George & Madge (information desk)
- Chen (online programme)

How to find an organiser:

- Wearing a **blue** high vis vest, sash, arm band, hat or badge,
- At the **information area** in Butterley Hall 1 from 9am to 9pm except for meal times.

There is always an organiser 'on call' at night. Their name and room location will be posted outside the information area.

You can also phone or text us on: **07770 696066**

### Asking for help

#### **We will:**

Be identifiable (wearing blue) and available (at the info desk).

Provide ways to reach us without talking.

#### **You can:**

Rehearse some scripts you may need.

Write a note and hand it to an organiser or put in in the action needed box.

Ring, text or send an email.

Take a breather. Rest, relax, and gather yourself for the next activity.

## Non-urgent issues

If your issue is not urgent, you can do any of the above, or:

- send us an email at [info@autscope.org](mailto:info@autscope.org), or
- put a note in the 'action needed' box in the **information area**.

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# Introduction

Welcome to the 18th annual Autscope event! This booklet contains most of what you need to know about the physical environment, social interaction, and the programme of activities at Autscope. Even if you've been before, it is worth a quick look to find out about this year's event and any changes. This is our first time at The Hayes Conference Centre, and the first in person Autscope in three years. We are looking forward to holding an event at this well-equipped venue. Please bear with us as we learn how to make the best use of the facilities.

We take autistic people's needs and preferences into consideration in every aspect of planning and running each event, but that doesn't mean it will be a perfect fit for you. We cannot always anticipate or accommodate every need of every autistic person. One autistic person's needs might clash with another's opposite needs. In such cases, we will do our best to work out a compromise, but a little goodwill on your part may also be needed. See the orange boxes for more about how to deal with some common challenges.

Autscope is run on a completely voluntary basis. We may not be able to do everything we would like to make the ideal Autscope. We've done our best within the limits of our knowledge, energy and resources, and the limitations of the venue and its staff.

Everything at Autscope is completely optional. You are not obliged to attend anything, speak to anyone (unless you are a parent or carer), or participate in any way. If you are interested in doing things, there is plenty going on throughout the day – serious, fun, structured and unstructured. You are free to enjoy Autscope in whatever way works for you, whether that is by attending every presentation, ignoring the main programme to have more chances to socialise, or spending the entire time alone in the sensory room.

## **Challenges**

Even though Autscope is autistic space, there are still some things many people find challenging.

### **We will:**

Identify common challenges in boxes like this.

Explain what we will do to try to make it easier.

### **You can:**

Try some of the tips to make it easier for yourself.

Help ensure it goes well for everyone.

# Taking care of yourself

## Expectations

There is no formal or professional support structure in place at Autscope. All participants are considered competent and autonomous. We believe you can make your own decisions and manage your needs in the way that best suits you. Sometimes that might mean bringing someone to support you.

- Take care of your health, hygiene and stress levels.
- Respect others' space and property.
- Follow rules about things like smoking and noise.
- Organise your time and manage your activity level.
- Orient yourself.
- Say 'no'
- Ask for help when needed.

**See the inside of the front cover for details of how to get help.**

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All participants are  
considered  
competent and  
autonomous.

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### Routines

#### **We will:**

Structure the days to help with routines such as getting up, eating and taking breaks.

Ensure meals are cooked for you and served at specific times, so you should get enough nutritious food.

#### **You can:**

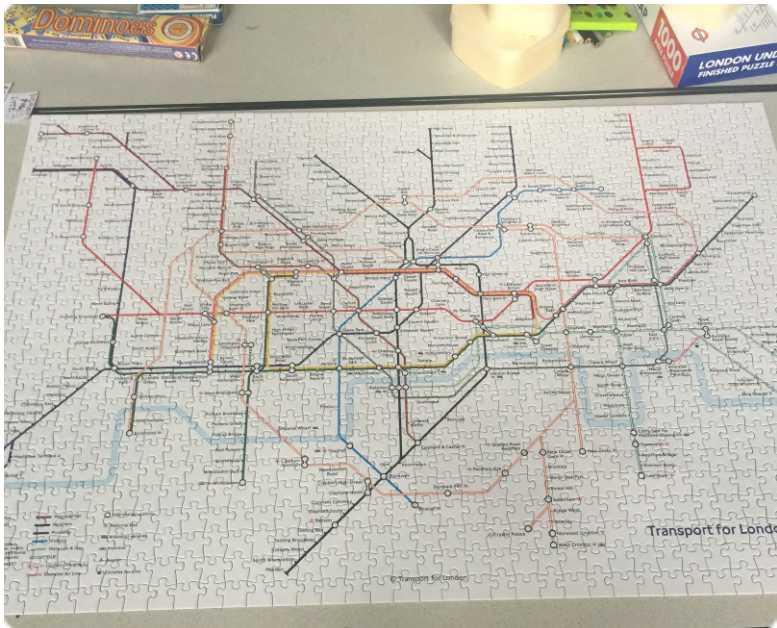
Use a medication box with compartments for each day which you can fill ahead of time.

Put reminders on your phone for meals and activities you want to go to.

When planning how much time you will need to get ready, leave extra time for dealing with an unfamiliar environment.

Sometimes you and another participant may agree to help each other with small tasks, as long as you recognise that in the end, you are still responsible for yourself.

## Physical space



An appliqué made at a workshop at Autscope  
2018, by Ceri Dobbing

# Environment

## Rules and procedures

### House rules

For the comfort, safety and health of everyone, Autscope has a few 'house rules.' All of these have reasons behind them, and organisers will explain them to you if you ask. The venue also has a few of its own which we may not understand but need to follow to keep the goodwill of venue staff and make sure we are welcome to return.

- Smoke only in designated areas, well away from all windows and doors. Smoke can make some people ill.
- Please leave all equipment (including Autscope's sensory toys and games) in the room in which you found it.
- No food or drink (other than water) in the meeting rooms. Even if you are careful and coordinated enough to avoid knocking over your drink, someone else might not be!
- **No hot or 'wet' food.** The venue's rules are that only prepackaged food such as crisps and sweets may be brought into the venue. This means that you will not be able to reheat your own food or bring in takeaways or similar. Also, please don't take your meals to your room; there is a designated quiet dining area, the Vinery, and outside spaces. Please return your dishes to the dining rooms.

### Departure

Vacate your room by 9:30am on your day of departure. You do not have to strip your bed. If you don't have a car, we will have a designated space for you to leave your luggage. If you have not booked the extra (Thursday) night, please leave the venue by 2pm Thursday. If you are staying Thursday night, please leave by 11am on Friday.

# Shared spaces and facilities

## Information area (Butterley Hall 1)

At the **information area** you can:

- Find an organiser 9am-9pm.
- Get more badge supplies or swap what you were given.
- Buy Autscope merchandise and sensory toys.
- Sign up for activities, e.g. entertainment evening, lightning talks and home groups.
- Add an activity to the schedule.

## Participants exhibits (Writing Room)

- Buy and sell things.
- Find information about various initiatives, projects and research,
- Display your art or other work or look at the work of others.

Table space in the participants' area must be booked in advance. There is a small charge. If you have not pre-booked a space and would like to, you can do so in the **information area**.

## Social space

You can find out more about socialising at Autscope in the Community section on pg. 13 of this handbook. Social spaces include extensive **lounge areas** on the ground floor of the Main House. This has a bar which will be open each evening. There are additional seating areas throughout the venue.

### Finding your way

#### **We will:**

Provide you with a map and post them in strategic places around the venue.

Offer to show you to your room and give a tour of the site.

#### **You can:**

Wander around the facilities to familiarise yourself with the location of everything.

Head to activities with plenty of time for getting lost and found again.

Locate essential facilities such as toilets, fire escapes, and dining hall.

Keep your schedule and map with you.

Be prepared to ask for help or direction, with gestures if necessary. (E.g. point to the name of what you're looking for on the map.)



## Leisure facilities

### Sensory room

We have a sensory room in the Reading Room, which is off the lounge. This is set up for participants to explore and enjoy the equipment at their leisure. The sensory room is open throughout the day, although it may occasionally be used for scheduled activities or silent times.

Please treat all equipment with due care! There are instructions for the projector at the **information area**. If in doubt, ask an organiser to give you a hand. Please make sure the projector is on a low speed or off before you leave the room.

### Reading Room

### Games and toys

- Part of the lounge area includes the **Vinery** (conservatory) which has small tables where we have games, puzzles and simple craft supplies. You can pop in any time or schedule an activity to do with others.
- On the ground floor, off the lounge, there is a **games room** equipped with a pool table. There are also outdoor games in the Quad area.

### Sports and fitness

There is a variety of indoor and outdoor areas for sports and fitness.

- **Sports hall** There is a large sports hall (Derbyshire Suite), which can be set up for five-a-side football, badminton and basketball on request.
- Croquet is available off the main house lawn, a full size football pitch near the lakes and other games are available.
- There is an **indoor gym** (near the Quad, age 18+ only), with running, cycling and rowing machines and a weight training cable machine.
- **Table tennis** is available in Orchard Hall in the evening.

### Outdoor spaces

- **Grounds.** The venue has 100 acres of gardens and grounds including a wooded area and lake.
- **Playground.** There is a playground for young children near Orchard Hall, which is where childcare will be held during main programme hours.

# Sensory issues

Sensory issues are common among autistic people. Others' sensitivities may differ from yours; please be considerate if someone tells you something is bothering them, even if it doesn't make sense to you. We have a sensory room which may help you regulate (see pg. 9).

## Minimising distress

### Smell

- Remove strong odours (e.g., tobacco, alcohol, coffee) as much as possible before rejoining groups.
- Please avoid highly scented products such as perfumes and aftershaves (lightly scented soap and deodorant are fine).

### Light

- Others in the room may be distracted or distressed by toys with lights. If you would like to use these in presentations, please sit towards the back of the room.
- Get permission from everyone in the room before using a camera flash.

### Touch

- Ask before touching anyone, including children.

### Sound

- Be quiet in corridors and outside bedrooms.
- Make sure sound doesn't 'leak' from headphones.
- If you would like to play an instrument, please do so away from the main public spaces and windows.

### Sensory overload

#### **We will:**

Do our best to keep things orderly and calm.

Have quiet spaces to get away to, both indoors and out.

Have the main dining room separated into smaller areas to keep noise down.

Ask people not to clap after presentations and performances.

Use natural lighting whenever practical.

#### **You can:**

Use equipment to reduce sensory input. No one will think it odd if you wear tinted glasses, earplugs, headphones, or whatever you require.

Take time out as needed. Here are some places you can do that: sensory room (Writing Room), your bedroom, or outdoors.

You can use the quiet dining room or take your food outside.

# Catering

If you are a full time participant, all of your meals and refreshment breaks are included. Non-residential bookings include lunch. Meals are served in both dining rooms buffet style (with staff serving some items) where you queue up and take your meal away on a tray.

**Breakfast 8:15-9:00**

**Lunch 12:45-14:00**

**Evening meal 18:30-19:30**

There is no need for everyone to join the queue at the same time. But please do try to get there within the first 40 minutes.

As a way of reducing crowds, home groups (see page 17) are scheduled during the first half hour of meal serving time. If you go to a home group, please go straight to get your meal afterwards.

## Food options

The venue will always prepare a plain alternative to each main dish. We have asked them to make more than the usual proportion of these. They will also provide a salad bar, jacket potato options, and cater for all dietary needs we have been told about in advance.

## Hot drinks

There are coffee and tea making facilities in your room, and drinks machines are available in the lounge 8am-8pm.

## Quiet dining room

One of the two dining rooms will be designated 'quiet'. This does not mean that you are not allowed to talk. It does mean that unnecessary noise should be avoided. If you are eating with a group and may be talking loudly or laughing, please use the other room.

### Queuing

#### **We will:**

Stagger mealtimes to minimise queuing.

Provide a quiet dining room.

#### **You can:**

Stand well back from the person in front.

Ask others to leave space.

Wait five or ten minutes before going to your meal.

Be prepared to communicate your meal choices by word or gesture before you get to the front of the queue.

Sit down at a table for a while first or get a salad and then go for your main meal after others have been served.

## Special tables

We have a few adjustments to make meal times easier. You may sit at any table wearing any badge colour and that should be respected. Bear in mind that sometimes badges flip over or are below the height of the table so others can't see them. We will also provide a few labelled tables as an alternative.

### Topic tables

Topic tables have a sign with a popular conversation topic such as cats and science fiction. If you sit at a table with a topic you are not required to talk about only that topic, but it should be something everyone at the table is happy to talk about. These will be changed regularly for variety.

### Green interaction tables

If you want to interact, but don't know who to sit with, and none of the topic tables interest you, try sitting with someone who has a green badge. Alternatively, you can try a green interaction table. This should attract a few people who are in the same boat. There is only so much we can do, however. One of you will still have to initiate!

### No interaction table

The opposite of the green interaction tables, there will be a few tables clearly marked with red 'no interaction' signs for those who would like to eat without interacting with anyone.

## Bedrooms

Bedrooms are a haven. You can go to your room whenever you like. Never follow anyone to their room unless you're specifically invited, and don't ask for others' room numbers.

Nearly all bedrooms are en suite, so if you have any difficulty with shared toilets in public areas you can use the one in your room.

Bedrooms are cleaned daily. If you do not want your room to be cleaned, please **put a 'do not disturb' sign on your door**. If you don't want cleaning but do want your bin emptied, leave it outside your door.

All bedrooms have coffee and tea making facilities. Refills of drinks supplies are available from the information area.

# Autistic community

## Being autistic

Autscape is an autistic space, where being autistic is ordinary, not special. Stimming (repetitive movements), echolalia, distractibility, different ways of communicating, avoidance of eye contact, obsessiveness, and other autistic traits are expected and accepted as part of an autistic conference. Appearing (or, indeed, being) completely neurotypical is also perfectly acceptable.

Accommodation for many autistic needs is built in to the way Autscape is designed, but a down side of this is that others are probably not going to go to extraordinary lengths to accommodate your needs. This is one of the great things about Autscape, but can also be one of the more difficult aspects if you're accustomed to others making adjustments for you.

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**At Autscape, being autistic is ordinary, not special.**

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While being autistic brings many good things, it also means that certain difficulties are more common. Social mistakes are part of the territory. Autistic people may forget to look for initiation badges, interrupt, talk too much or too little, ask too many questions, or mis-gender you, all without any intention to offend.

We try hard to make Autscape a place where autistic people can feel free to be themselves without fear of being judged or excluded. Try to be tolerant. If anyone makes you feel unsafe or unwelcome, please come and talk to an organiser.

## Organisers

It is important to remember that almost everyone at Autscape, including presenters and organisers, is also autistic. We have many of the same needs and difficulties you do. Please remember to extend respect for these guidelines to organisers and children, who are as much a part of the community as adult participants.

# Diversity

Autscape welcomes participants from across the spectrum, and sympathetic non-autistic people (NTs). We are primarily oriented to autistic people's needs and interests, but there is much to be learned and enjoyed for an open minded non-autistic person. We have participants of all ages, from a few months to over 80 years. This year, thanks to the initiative and fundraising efforts of some Autscape participants, we are also welcoming more people of colour to the Autscape community.

## The whole spectrum

Autscape is not 'Aspies only'. We welcome people with high care needs, little or no speech, and behaviours the neurotypical society finds strange or problematic. There are some parts of the event involving sitting and listening,

but there are many other things you can do if that doesn't suit you. If you want to go to an activity and need help to manage, let us know and we'll try to find a way to make it more accessible to you.

No matter where on or off the spectrum you find yourself, there is no need to be afraid that you won't fit in. Diversity enriches the experience for everyone.

## Different beliefs

Autscape is an autistic space, but not an activist space. Some autistic people may have different political or religious beliefs or ideas about autism. While most people who attend Autscape are positive about autism, some find it more negative and may even wish they could have a treatment or a cure for their difficulties. It is important that they find themselves respected and included at Autscape. Disagreement is absolutely fine, but please keep it civil and respect that others may have different life experience from you. It is not permitted to tell someone that they do not belong at Autscape on account of their beliefs, their line of work, or experiences around autism.

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**Diversity enriches  
the experience for  
everyone.**

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## Children

Children are welcome at Autscope and are part of our autistic community. Autistic children benefit from being at Autscope because they get to see adults like them, who are uncommon in the general population. We also welcome neurotypical children of autistic parents.

Registration of a child includes participation in our childcare for children up to 17 years old. Children are not required to go to childcare. Those age 12 or older may have some freedom to attend suitable activities at their parents' discretion, but remain the responsibility of their parents at all times. Younger children must be in childcare or under close supervision of parents.

This year's venue has a playground in the garden and a games room off the lounge that may be of interest.

## Gender identity and expression

You are likely to notice that there is a wide variety of gender expression at Autscope. Please respect each individual's choice for how they wish to be identified, and as much as possible refer to them using the pronouns (e.g. he/him, she/her, they/them) they prefer. On the other hand, please be tolerant of others not getting this right. Some autistic people have considerable difficulty being flexible in the way they use language or in the rules they use to classify people.

## Interacting

While it may be aversive to some people, most of our participants enjoy socialising with other participants. Just be sure to respect the initiation badges. You may find someone who shares interests or experiences with you, but if not, you may also find people who would like to learn.

## Initiation badges

There is a coloured badge system for those who have difficulty regulating social interaction, such as by approaching people or responding to unwanted approaches from others. If you are able to manage approaches without this help (even if you do not wish to interact, but are able to say so) you **don't need the coloured badges**.

## Social space

If someone is not wearing a coloured badge, or has covered their badge with a white one, social approaches happen on the same terms as in the 'real world' outside Autscope where no one wears badges. However, in autistic space it's quite normal to be clear and direct (not rude) about whether you feel like talking right now.

### Red

A red badge means that the wearer does not want anyone else to initiate any interaction with them.

### Yellow

A yellow badge means that the wearer does not want anyone to initiate any interaction with them unless they have already said they can. Permission should not be assumed and needs to be renewed at each Autscope.

### Green

A green badge is used if you want to interact but aren't able to initiate contact with others. When people use green too much, it loses its effect. If you are open to interaction but able to initiate, use white or no badge, **not green**. Try to use the green badge **only if you want someone to interact with you right now**. So if you are sitting in a lecture, you should not be on green. If you have a moment when you feel like you could reach out to another person, please make an effort to talk to someone on a green badge.

It is very important that everyone respect the initiation badges, including for children, presenters and organisers.

If you make a mistake and are reminded that someone is on red, for instance, try not to take it personally. They may be just taking some time to regroup and may be happy to talk to you later.

### Difficult behaviour

#### **We will:**

Make rules and boundaries as clear as possible.

Provide initiation badges.

Help or intervene if you have a problem you can't solve.

Be forgiving when social mistakes happen.

#### **You can:**

Be tolerant. Part of being in an autistic space is accepting differences and difficulties of all kinds. Let others make social mistakes and be forgiving. That doesn't mean letting others make Autscope unpleasant for you. If you have a problem, please contact an organiser.

Be direct. Autistic people may not get hints or signals, e.g., that you don't want to interact with them. You don't have to be nasty, just clear.

If you can't handle the situation or someone is bothering you, please ask an organiser for help.



## Symbol stickers

**Teddy bear:** You may ask me for a hug

**Book:** You may ask me to be quoted or participate in research or interviews

**Camera:** You may ask me to be in a photo or video.

Even if a person is wearing a sticker, they may say “no” and that should be respected. If you think you might find it difficult to say “no,” don’t wear a sticker! If someone asks you for one of these things even though you are not wearing a sticker, try to gently remind them that they are not meant to ask you and that no, you don’t give permission.



## Researchers, journalists and projects

If you are conducting research or a project you would like to solicit participation in, you must ask permission before advertising in any way. We will have stickers that participants can wear if they are willing to be asked to participate in research and/or to be quoted. You must not approach participants to ask if they will participate in your project unless they are displaying this sticker.

## Social activities

There is social space throughout the ground floor of the Main House, and various sitting areas throughout the venue. For more details of social spaces, see pg. 8.

### **Home groups**

Are you looking for some help with meeting new people? Home groups have been created to help people, especially those who are new, feel comfortable at Autscope and get the best out of the experience by providing a small group that they can get to know a bit better. This is just something we are trying to do to help. Of course, it’s not a guarantee you will connect with someone else, but it may improve your chances.

### **Derbyshire Suite**

This year, home groups will meet in break out rooms in the Derbyshire Suite. Most have step-free access, but a few don't, so please check if you need this. You can sign up for a home group at registration or at the information area on site. Most will meet for half an hour once each day. A few groups will begin on Tuesday for those who arrived late or didn't sign up in time.

## Informal activities

Autescape participants offer a variety of activities such as discussions and games. To find out more, check the online programme. Items will continue to be added, so check again often.

## Not interacting

Many people are, understandably, quite concerned about the heavy social demands of being in a large group for several days. There is no requirement to socialise at all, and there will be no implicit or explicit disapproval of those who choose not to interact with others.

Remember, if you have had enough of interacting for a while, you can go to your room.

## Joining in

### **We will:**

Have topic tables at each meal time.

Have facilitated discussions and home groups so everyone who wants to can participate.

Provide everyone with a set of initiation badges including a green badge that invites others to interact.

### **You can:**

Choose an area that already has one or more people in it rather than sitting by yourself and hoping someone will join you. Others may assume you want to be alone.

Use your green badge and remember to take it off when you are not actively seeking interaction so it is more effective for everyone.

Look for people wearing green badges.

Ask people if it is ok to join in their group in the dining room, drop-in, café or other social spaces.

Join a home group.

# Programme

This section gives an overview of some of the activities happening at Autscope. These are the things that are part of the Main or Supplemental (Leisure) programme that are put on by Autscope.

The programme contains two streams:

- The **Main Programme** of lectures and workshops that were selected by the organisers and board from proposals submitted in response to the call for proposals
- The **Supplemental Programme** of discussions, entertainment and leisure activities that have been organised by Autscope.

You can stay up to date on the programme, including Informal (participant-led) activities and any changes at:

[www.autscope.org/programme/](http://www.autscope.org/programme/)

## Main programme

The Main Programme runs between 9:30am and 6pm each day. Childcare is provided during main programme hours (excluding lunch break) There is a break in the early afternoon to make time for supplemental and informal activities (see below). Full up to date timetable can be found at the **information area** and **online** linked from: [www.autscope.org/programme/](http://www.autscope.org/programme/).

There may be more than one thing on at a time so you will have to make some choices about what to attend. Many autistic people find it hard to choose, but with over 200 people to accommodate, we have multiple activities on offer at the same time to cater to different needs and preferences. Asking about the things you didn't attend is a possible conversation starter during social times.

### Choices

#### **We will:**

Try to give as much information as possible in advance so you can consider your options.

Try to minimise the amount of concurrent workshops to limit the number of hard decisions.

#### **You can:**

Consider your options well ahead of time. Decide which workshops and leisure activities you would like to do. This can limit the stress of having many choices to make when you have a lot of other things to cope with.

## Programme

Workshops have some level of audience interaction included, whereas lectures are not interactive but have an associated discussion on the same topic later on the same day.

## Guidelines

- Please try to be quiet during presentations. If you find it very hard to control interruptions you can step outside the room for a bit and come back when you're ready, or you can watch a broadcast of main sessions in the **Kinder Room**. They will also be streamed to Zoom, which all in person participants have access to.
- Presenters who really can't cope with interruptions will be asked to use a **red badge**. So if you see a presenter with a red badge, please don't interrupt them at all. If you have a question, write it down for later.
- For scheduled activities please try to arrive on time, but it is usually ok to enter an activity after it has started. **It is always ok to leave an activity** whenever you wish, but try to do so quietly.
- For lecture-style presentations on the Main Programme (11am each day) as well as occasionally for some very quiet sessions or private discussions, you **may not be allowed to enter after the first 10 minutes**. If this is the case, there will be a notice on the door.
- Flap, don't clap. Please show your appreciation for presentations and performances without clapping, such as by flapping or wiggling fingers.
- An organiser or volunteer may raise their hand to quiet a group to make

### Getting a break

#### **We will:**

Schedule long (at least 30 minutes) breaks between each activity, and a leisure session each afternoon.

Have more relaxed early afternoons and evenings, with practical activities and discussion groups.

Provide quiet spaces in public areas.

Provide single bedrooms.

#### **You can:**

Take time out to relax in whatever way works best for you. Taking adequate rest and sleep will help you cope with as much activity as you would like.

Decide not to do a particular activity, or to leave early if you're feeling stressed. Only you can choose what you would like to do with your time at Autscope. See also the *Choices* box.

Sit at a 'no interaction' table and eat without interruption.

Wear a red badge.

Go to a quiet place such as the gardens, or the sensory room. You can also go to your bedroom.

## Programme

an announcement. Please also raise yours and stop talking. The mass of raised hands will cause silence to spread without anyone having to shout louder than the crowd.

- Please keep questions and comments brief. There are others in the room who have come to hear the presenters. There will be time later for more detailed discussion. Written questions will be collected if you hold them when you raise your hand.

## Supplemental programme

The supplemental programme has had many names over the years that have become somewhat confusing. We're calling it supplemental to show that it is part of the Autscope programme (not participants' informal activities) and it supplements, or adds to, the Main Programme. These are the activities that are outside of the main lectures and workshops and organised by the Autscope team.

Discussions and other activities led by participants are called *Informal Activities*. If you would like to hold a discussion on a topic of your choice, or any other activity, please pop by the information area to schedule a slot.

### Discussions

Most lectures will have an associated discussion on the same topic either straight after or later on the same day. They will always be facilitated. Again, try to keep your own input brief so others have a chance to speak.

### Leisure activities

#### **Concert**

On Monday night we are fortunate to have the opportunity to listen to professional musicians James Pelham and Madge Woollard who have put together a concert for us to enjoy. James and Madge are both long time Autscope participants and volunteers.

## Sparklies in the Dark

On Monday evening we will have an event where we enjoy light up and glowing items in a darkened room. There will be one free glow stick for each person as well as light up items for sale.

## Disco

On Tuesday evening we have a disco with a local DJ. This is a uniquely Autscape disco where the music is less loud and you can dance, move, or just sit and enjoy the music.

## Things you can contribute to (or just listen)

In nearly all cases you can just decide whether to go to something (or not) spontaneously. However, if you would like to contribute to the entertainment evening or lightning talks we would like you to sign up in advance at the **information area**.

## Entertainment evening

The entertainment evening has become a regular feature at Autscape. We have had various acts, musical and otherwise. You do not have to be specially talented. All types of offerings at all skill levels are welcome and appreciated. If you are interested in performing this year, please sign up on the list at the information area. In an attempt to ensure the evening does not last too long, we are asking that people limit performances to 4 minutes. You are welcome to contribute, but there is limited space, so please come and **sign up in the information area**.

## Lightning talks

Do you have an interest or project you would like to share with others? Do you like to learn interesting things without having to listen to a long lecture? If either of these is 'yes', you may enjoy Lightning Talks. These are 5 minute slide-free quick talks on just about any topic you can imagine (but please keep it family friendly). This is another thing where we would like you to **sign up in advance at the information area**.



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## THE HAYES CONFERENCE CENTRE



- 1 Main Conference Hall
- 2 Butterley Hall
- 3 Orchard Hall Clubhouse
- 4 Derbyshire Sure

- Bar
- Chapel
- Croquet

- Dining Rooms
- Outdoor Games
- Tea & Coffee

- Outdoor Sports Area
- Play Equipment
- Sports Hall

W32	8 Aug 2022	Tue 9	Wed 10	Thu 11
9am				
10am		9:30am  Connecting through drawing (Main Conference Hall)	9:30am  DIY communication cards (Main Conference Hall)	9:45am  Autism as a different value system (Derbyshire) 10:15am  Working together globally to amplify autistic
11am		11:15am  Understanding Autistic Play: Challenging the	11:15am  Physical Activity and Older Autistic Adults:	11:15am  'Interdependence' - Panel discussion (Derbyshire Hall)
12pm		11:45am  Autism, Race, Ethnicity and the Whiteness of	11:45am  Autistic doctors: changing healthcare from the	
1pm		12:30pm  Home groups (Derbyshire Suite)	12:30pm  Home groups (Derbyshire Suite)	12:15pm  Feedback meeting 12:30pm  Home groups
2pm		2pm  Lightning Talks 1 (Main Conference Hall) 2pm  Autism, Race, and 2pm  Understanding	2pm  Physical Activity - discussion (Derbyshire Hall) 3pm  Autistic Doctors - discussion (Butterley Hall)	2:15pm  Choir Rehearsal (The Chapel)
3pm	3pm  Registration (Lakeside accommodation on lobby and Tissington meeting room) 3:15pm  Badge decorating (The Vinery)	3pm  AGM (Derbyshire Hall)		
4pm		4:30pm  Finding Employment as an Autistic Jobseeker - Employers Need	4:30pm  Interdependence at Work: Self Advocacy and Balance	4:45pm  Lightning Talks 2 (Butterley Hall)
5pm	5pm  Welcome (Derbyshire) 5:15pm  Orientation (Derbyshire Hall)	5:15pm  Herding cats, sloths and butterflies: Effective working with groups of autistic		
6pm	6pm  Home groups (Derbyshire Suite)	6pm  Home groups (Derbyshire Suite)	6pm  Home groups (Derbyshire Suite)	
7pm				
8pm		7:30pm  Sign-up and Sound-check for Entertainment 8pm  Disco (Sports Hall, Derbyshire Suite)	7:30pm  Discussion on Interdependence at Work (Derbyshire Hall)	8pm  Entertainment Evening (The Chapel)
9pm	9:30pm  Sparklies in the Dark (Main Conference Hall)			

This programme may change. A live version is linked from:  
[www.autscape.org/programme/](http://www.autscape.org/programme/)