

# Orientation

Monday 12 August 2019



#### Outline

#### 1. Introduction

#### 2. Practicalities:

organisers, venue rules, departure

#### 3. Expectations:

how to get along at Autscape

#### 4. Experience:

How to get the most out of Autscape







### Organisers

- Who are we?
  - Debbie, Elaine, James, Kalen, Martijn, Seth
- Identifying us
  - Blue high vis vest, hat, sash... Blue initiation badge
  - Team members can be found at the information desk from 9am to 8pm except for meal times. If they have to leave, there will be a note saying when they will be back.





## Changes

- Sensory room now in Aspen
- Participants' area now in Boardroom
- New things
  - Food rules
  - Guide dog
  - Restrictions on entering
  - Overflow room







#### **Environment**

- House rules
- Departure
- Spaces
  - Information area
  - Participants' area
- Taking care of yourself
- Sensory issues





#### House Rules

- Smoke only in designated areas.
- Only water in conference rooms. No hot food.
- Your key card works on exterior doors.
  - Find your fire exit
- Children must be supervised.
- Do not interact with guide dog without permission





#### Departure

- Vacate your room by 9:30am.
  - Luggage can go in Barclay Hall
- Leaving site:
  - Thursday after lunch by 3:30pm latest
  - Friday **by 11:00am**
- Panel 11:00; feedback 11:45
- Taxis to station, roughly £6, ask Elaine at info desk to order





#### Information desk

- Sign up sheets for home groups
- Schedule
  - www.autscape.org/2019/programme
- Autscape merchandise





# Participants' area

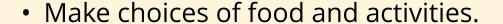
- Moved from Mulberry (too dark) to Boardroom (too light!)
- Action needed box for notes to organisers about things that need attention
- Things participants want to give away or sell
- Participants' projects and research info





# Taking care of yourself

- Take care of your health and hygiene
- Orient yourself
- Organise your time and manage your activity level
  - Avoid overload
  - Prioritise
  - Rest



- Take care of your health and hygiene
- Say 'no' and ask for help









### Catering

- Times
  - Breakfast starts at 8:15
  - Lunch starts at 12:30
  - Evening meal (dinner/tea) starts at 18:00
- Service continues for 45 minutes
- Home groups are during the first half hour of lunch and dinner





### Sensory issues

- **Smells:** Avoid scented products such as perfume and aftershave. Be considerate about strong odours.
- **Touch:** Ask before touching anyone, including children. Leave space when queuing.
- **Sound:** Be quiet in corridors. Make sure sound doesn't 'leak' from headphones.
- **Light:** Get permission before using a flash. Keep toys with lights where others can avoid seeing.





# **Autistic Community**

- Diversity
- Respecting others
- Interacting
  - Avoiding interaction





## Diversity

- Overflow room
- Children
- Respecting others
- Tolerance





## Respecting others

- Space and property
  - Ask before touching a person or their stuff.
  - Extend this respect to all, including carers, organisers and children.
- Being tolerant
  - Everyone else is autistic too.
  - Don't complain about people not getting hints don't hint!
  - All have equal right to be here, whatever their opinions, occupation, neurology, age, gender, etc.





## Badges

Red	Do not initiate any interaction.
Yellow	Initiate only if I've said you can.
Green	Please interact with me.

- We have symbols for photos/video (camera), hugs (teddy), and interviews/research (book with microphone and pen)
- All symbols are now opt-in
  - No badge: don't ask!
  - Badge: may be asked, but they can still say 'no.'
    - You can ask if it would be ok to try again later. Please respect the answer.





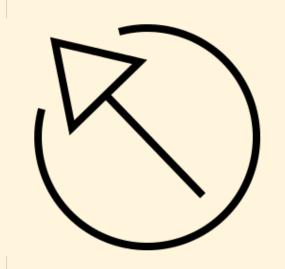
- Drop-in/hangout
  - Social activities like games in Garden Lounge
  - 'Making' activities in Participants' Area
    (Boardroom)
- Home groups





### Escapes

- Sensory room: Aspen (change!)
  - Between information area and reception
- In the dining hall:
  - 'No interaction' table
  - Quiet dining room
- Bedrooms
  - Please don't seek out people in their rooms.
  - Never enter anyone else's room unless invited.







# Experience

- Participant-led activities
- Lectures and workshops





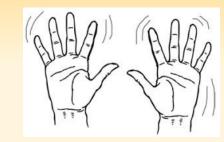
# Participant-led

Ever-changing





#### Presentations



- Flap, don't clap:
  - Show your appreciation for presentations and performances without clapping. Suggested alternatives: flap, wiggle fingers.
- Contributing
  - Keep questions and comments brief.
- Written questions will be collected
- Overflow room





#### What now?

- 18:00 Home groups (break out rooms)
  - If you haven't signed up, meet outside Yew
    Tree Hall
- 18:00 Dinner (Barclay Restaurant)
- 21:30 Sparklies in the dark (Barclay Hall)