

The resonator scale: breathe the vowels only, without moving your lips...

Who (oo)

would (uh)

know (oh)

aught (aw)

of (o)

art (ah)

must (u)

learn (er)

and (a)

then (e)

take (ay)

his (i)

ease (ee)

You can also try *miaow*, or *ohm*.