

12 - 18 Aug 2019

Monday 12 Aug 2019

- All day [Participants' area](#) 🔒
- Calendar [5. Other](#)
 - Organiser [Autscape](#)
 - Who [Participants](#)
 - Where [Boardroom](#)
- All day [Sensory room](#) 🔗
- Calendar [5. Other](#)
 - Organiser [Autscape](#)
 - Where [Aspen \(this is a change\)](#)
- 14:00 - 17:00 [Registration](#) 🔒
- Calendar [2. Chapel Barn](#)
 - Organiser [Autscape](#)
 - Where [Chapel Barn](#)
- 16:15 - 16:45 [Tea/coffee break](#) 🔒
- Calendar [7. Garden Lounge & Barclay Restaurant](#)
 - Organiser [Other](#)
 - Where [Garden Lounge](#)
- 17:15 - 17:45 [Orientation](#) 🔒
- Calendar [0. Yew Tree Hall](#)
 - Organiser [Autscape](#)
 - Where [Yew Tree Hall](#)
- An essential introduction to Autscape. Particularly important for first timers. Attendance at this session is **strongly recommended**. Even if you have been to Autscape before, there are always changes and things related to the specific venue to update you on. If you don't come to orientation, please have a good look through the handbook because some things have changed, particularly around coming and going from activities.
- 18:00 - 19:30 [Evening meal](#) 🔒 🔗
- Calendar [7. Garden Lounge & Barclay Restaurant](#)
 - Organiser [Other](#)
 - Where [Barclay Restaurant](#)
- 18:00 - 18:30 [Home groups](#) 🔒 🔗 📄
- Calendar [2. Chapel Barn](#)
 - Organiser [Autscape](#)
 - Where [Various](#)
- Are you looking for some help with meeting new people? Home groups have been created to help people, especially those who are new, feel comfortable at Autscape and get the best out of the experience by providing a small group that they can get to know a bit better. This is just something we are trying to do to help. Of course, it's not a guarantee you will connect with someone else.

This year, home groups will meet in various break out rooms throughout the venue. Most don't have step-free access, but some do. You can sign up for a home group using the participants' calendar, or by coming to the information area on site. Most will meet six times throughout the course of Autscope, for half an hour before each lunch and dinner time. A few groups will skip the first evening slot and begin on Wednesday lunchtime instead, having five meetings in total.

18:00 - 18:30

Home groups   

- **Calendar** [3. Willow 1 \(12\)](#)
- **Organiser** [Autscope](#)
- **Where** Various

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18:00 - 18:30

Home groups   

- **Calendar** [4. Sycamore 2 \(25\)](#)
- **Organiser** [Autscope](#)
- **Where** Various

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18:00 - 18:30

Home groups   

- **Calendar** [5. Other](#)
- **Organiser** [Autscope](#)
- **Where** Various

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19:30 - 20:30

Pride parade followed by LGBTQ+ and autism discussion

- Calendar [1. Barclay Hall](#)
- Organiser [Participant](#)
- Who Alfie Green
- Where Barclay Hall

An alternative for those who cannot attend standard pride events. Bring your flags if you have any. Look out for my homemade trans flag.

Meet outside the dinning hall at 730pm, we will walk (or in my case wheel) to the Barclay discussion room where we have the LGBT+ discussion (due to start at 750pm approx).

Flapping after anyone has contributed is encouraged throughout because 'coming out' to anyone as LGBT+ can be just as challenging as sharing you're autistic.

19:30 - 20:30

Autscape Countdown

- Calendar [2. Chapel Barn](#)
- Organiser [Participant](#)
- Who Elaine and Dave
- Where Chapel Barn

Autscape's version of the popular TV show Countdown. Play as a team, on your own or just come and watch. All ages and abilities welcome

19:30 - 20:30

Autistic Health Care Professionals Meet-Up

- Calendar [5. Other](#)
- Organiser [Participant](#)
- Who Eleanor Burnett, Mary Doherty
- Where Maple 1

An opportunity for any Autscape participants who are HCPs to meet, get to know each other, and discuss our experiences in our workplaces.

20:30 - 21:30

Trans* and autism making connections

- Calendar [2. Chapel Barn](#)
- Organiser [Participant](#)
- Who Alfie Green
- Where Chapel Barn

An opportunity for those who identify as trans* (including questioning) and autistic to get together. The aim is to make connections with each other to share experiences for mutual support and understanding.

20:30 - 21:30

Cards against humanity

- Calendar [3. Willow 1 \(12\)](#)
- Organiser [Participant](#)
- Who Billie Jo Gibson
- Where Willow 1

Come and have a right laugh with fellow Autscapers as we play Cards Against Humanity (UK edition) in the Willow room!

20:30 - 21:30

Quiet Chat in Quiet Dining Area - text-only participant discussion on Autscape irc channel

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Participant](#)
- Who Heta Pukki

LOCATION: Quiet Dining Area

This is an opportunity to chat with other Autscape participants through text only. It's an

alternative way of interacting for those who find too much face to face contact overloading. This way, we get physical proximity but text communication: the best of both worlds!

How to join? The simplest way is to click here: [#autscape via Mibbit](#). Then enter a nickname (so others know who you are). It takes several seconds to work.

If you use your own IRC programme, use these settings:

Server: irc.starlink-irc.org

Channel: #autscape

21:30 - 22:30

Sparklies in the dark 🔒

- Calendar [1. Barclay Hall](#)
- Organiser [Autscape](#)
- Where Barclay Hall

This is one of Autscape's traditions! Time to share enjoyment with light up toys and glow sticks. Meet on Monday evening in Barclay Hall. Autscape will provide one glow stick per person. More sparklies can be purchased at the time. [The experience may be best in the first half hour. Free glow sticks only available while supplies last.]

Tuesday 13 Aug 2019

All day

Retro Computers (10am-6pm) 🔒

- Calendar [5. Other](#)
- Organiser [Autscape](#)
- Where Cherry Room

All day

Sensory room ↻

- Calendar [5. Other](#)
- Organiser [Autscape](#)
- Where Aspen (this is a change)

8:15 - 9:00

Breakfast 🔒 ↻

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Other](#)
- Where Barclay restaurant

9:30 - 10:30

Getting unstuck: anti-inertia strategies 🔒

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autscape](#)
- Who Kalen
- Where Yew Tree Hall

Autistic people report a range of difficulties with starting and stopping activities which are often informally called 'inertia'. Considering how common these problems are, and how much of an impediment they can be to independent functioning, there has been nowhere near enough attention from researchers and clinicians. For the most part, they see these difficulties as 'non-compliance' or 'lacking (social) motivation' and go about trying to fix them.

I believe 'inertia', like autism itself, is actually a number of different underlying issues that overlap and end up sharing characteristics on the surface. In this workshop I will share some of what I think is causing inertia, because understanding these starting points can help find ways to overcome the difficulties. I will also share the many anti-inertia strategies I have developed and collected over the years. There will be an opportunity for the audience to share and discuss their own approaches.

9:30 - 10:30

iNaturalist bioblitz project drop-in

- Calendar [3. Willow 1 \(12\)](#)
- Organiser [Participant](#)
- Who [Jay Avery](#)
- Where [Willow 1](#)

Drop-in session to find out more about the iNaturalist bioblitz project ([link](#)). Come to get help signing up, figuring out the app, or just to meet other people who are taking part.

10:30 - 11:00

Morning break

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Other](#)
- Where [Garden Lounge](#)

11:00 - 12:15

Table top role play

- Calendar [4. Sycamore 2 \(25\)](#)
- Organiser [Participant](#)
- Who [Joshua](#)
- Where [Sycamore 2, 1st floor, near upper lounge](#)

Improvised role playing with dice provided

11:00 - 11:45

Intense Connections: autistic community and our other identities

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autescape](#)
- Who [Sonny Hallett](#)
- Where [Yew Tree Hall](#)

Autistic people often make intense connections with one another throughout our lives, and this spirit of recognition and community can be so important for so many of us. However, it can also cause difficulties when this recognition is not properly understood, when individuals are otherwise very isolated, or when it intersects with other identities that are underrepresented in the autistic community (such as race, other disabilities, gender, etc).

Illustrated with drawings and anecdotes from my own and others' experiences, and from emerging research into the 'double empathy problem', I will explore both the importance of these intense connections, their pitfalls, how to support those searching for belonging, and what the autistic community could do to better embrace those with other intersecting identities.

11:45 - 12:30

The intersection of autism and complex PTSD - Katie Linden

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autescape](#)
- Who [Katie Linden](#)

The subject of this lecture would be the links between autism and complex posttraumatic stress disorder. C-PTSD is a condition which develops over repeated exposure to difficult life events, but particularly those involving pain caused by other people, which autistic people are especially vulnerable to. I will outline the ways in which common aspects of autism and symptoms of C-PTSD might interact, some of the research around autism, trauma, and recovery from trauma, and how I would like to see research and understanding develop on the subject (including what I'm planning to do with the rest of my PhD).

12:30 - 14:00

Lunch

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Other](#)
- Where [Barclay restaurant](#)

12:30 - 13:00

Home groups 🔒 ↻ 📄

- Calendar [2. Chapel Barn](#)
- Organiser [Autescape](#)

12:30 - 13:00

Home groups 🔒 ↻ 📄

- Calendar [3. Willow 1 \(12\)](#)
- Organiser [Autescape](#)

12:30 - 13:00

Home groups 🔒 ↻ 📄

- Calendar [4. Sycamore 2 \(25\)](#)
- Organiser [Autescape](#)

12:30 - 13:00

Home groups 🔒 ↻ 📄

- Calendar [5. Other](#)
- Organiser [Autescape](#)

14:00 - 15:30

Autistic research and projects forum/lightning talks

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autescape](#)
- Who Organiser desperately wanted!

Lightning talks on autistic-run research and projects.

14:00 - 15:30

Exploring Connections. A guided hands-on workshop using a range of 'art' materials to make an original, assembled, hanging piece exploring some aspect of the theme

- Calendar [1. Barclay Hall](#)
- Organiser [Participant](#)
- Who Lyte
- Where Barclay Hall

A workshop of 1.5 hours duration with a range and choice of materials which may include collage and colours and other materials etc.

The theme is 'exploring connections' and participants will make an object, called a 'hanging', (somewhat like a mobile or could be flatter to hang against a wall). This will be a guided workshop with practical help offered: participants will have the opportunity to investigate and express either their 'inner landscape' or 'outer landscape' or both, i.e something about the relationship between the two. Nothing is obligatory and the purpose of the workshop is to give people an opportunity to work 'hands on' in a way that allows for a broad range of responses.

The pieces will be produced 'from scratch' and if people have anything special they would like to incorporate into their work that they may wish to bring with them, or objects find when 'out and about' (I for example am attracted to feathers and tend to collect them, also twigs and natural materials) they are welcome to bring such materials and objects with them. They must be light enough and small enough to be able to worked into their piece in the very limited duration of the workshop (though it may be possible for people to do more work on their piece, on their own, in their own time if they want to and if facilities allow). Please bring an apron if you particularly dislike the possibility of 'mess'.

14:00 - 15:30

Improv comedy workshop: evaluation research

- Calendar [5. Other](#)
- Organiser [Participant](#)
- Who Nathan Keates
- Where Walnut

This study aims to ask you about the necessary alterations of an improv comedy class to be suitable for future groups. The class was developed based on previous practice of teaching improvisational theatre and comedy for autistic people and consultation with autistic people. Participants will be requested to provide evaluation of the class. This will help its development for future research in Nathan Keates' PhD. Therefore, we will be able to form the needed adjustments for further classes for autistic adults.

[Click here for full the Information sheet](#)

14:00 - 15:30

There is an opportunity after the class (and a break) to discuss the class in-person as a group too. [Initiation impairments \(inertia\) research focus group](#)

- Calendar [5. Other](#)
- Organiser [Participant](#)
- Who Leneh
- Where Maple 2

This is a focus group **for research**. It requires formal consent, confidentiality, and restricted numbers. You can pick up a Participant Information Sheet from the participants' area at Autscape.

It would help a lot if you sign up using the sign up function in this event. I will be running at least two sessions, so if this day and time don't suit, look for another one or email me to ask when it will be by emailing klbuckle@worldapart.org. This research has ethics approval from the University of Manchester.

14:00 - 15:15

[Autscape Environment Forum](#) ↻

- Calendar [3. Willow 1 \(12\)](#)
- Organiser [Participant](#)
- Who Richard G
- Where Willow 1

An Autistic think tank where we can gather our ideas about how to save the environment.

14:00 - 15:15

[Leadership discussion](#)

- Calendar [4. Sycamore 2 \(25\)](#)
- Organiser [Participant](#)
- Who Tori Haar
- Where Sycamore 2

The purpose of this session is to have a discussion about what leadership means to people and how autistic people can be better supported along their leadership journeys (including how we can support each other).

Topics for discussion

- Individual thoughts and insights around being an autistic leader
- What kind of supports, training, mentoring and advice autistic individuals might need to help them as they become more effective leaders
- Advice for others aspiring to leadership

To provide some context I am an autistic adult from Australia who is attending this year's Autscape as part of a [Westpac Social Change Fellowship](#). I have helped develop a leadership program called [Future Leaders](#) which is co-designed and delivered by autistic adults.

15:30 - 16:15

[What do we want our doctors to know about autism? And how should we tell them?](#) 🔒

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autscape](#)
- Who Mary Doherty
- Where Yew Tree Hall

Being autistic, we commonly face difficulties accessing healthcare and often have poor physical & mental health.

During Autscope 2018: Exploring Inclusion, this was investigated by means of a discussion workshop and qualitative survey entitled "What do you wish your doctor knew about autism?" Themes were identified for a subsequent quantitative survey conducted online, which examined barriers to accessing GP services.

This presentation will explore ways to engage effectively with our healthcare providers, and discuss current trends in autism training for medical professionals.

It will also include an overview of the ASIAm Autism Friendly Town initiative in Clonakilty, Ireland, since this study was conducted as part of the healthcare strand of that project.

15:30 - 16:15

Discussion group on gender and gender roles (not just LGBTQ+)

- Calendar [3. Willow 1 \(12\)](#)
- Organiser [Participant](#)
- Who [the Goth](#)

15:45 - 16:15

Discussion on improv comedy workshop: evaluation research

- Calendar [5. Other](#)
- Organiser [Participant](#)
- Who [Nathan Keates](#)
- Where [Walnut Room \(1st Floor\)](#)

This is an opportunity for those that wish to talk about their experience of the class to do so. People will be prompted to think about the questions on the evaluation sheet, so we can talk about the topics. The discussion will be open to other areas about which people wish to talk.

16:15 - 16:45

Afternoon break

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Other](#)
- Where [Garden lounge](#)

16:45 - 17:45

Discussion: Autism and health care

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autscope](#)
- Where [Yew Tree Hall](#)

This is a discussion on the topic of this afternoon's lecture.

16:45 - 17:45

Creative Writing Workshop

- Calendar [2. Chapel Barn](#)
- Organiser [Autscope](#)
- Who [David Hartley](#)
- Where [Chapel Barn](#)

A creative writing workshop designed for autistic adults. Participants will be led through a series of simple exercises to encourage creative expression in the form of 'flash fiction' (very short stories). Examples of published works of flash fiction will be read and discussed. By the end, participants will have written their own original pieces of flash fiction and time will be set aside for informal 'live readings', should participants wish to share their work. Workshop led by writer and researcher David Hartley, an allistic flash fiction author with ten years of writing experience. No previous writing experience required – all welcome!

16:45 - 17:45

An Introduction to Identifying & Recording Invertebrates

- Calendar [3. Willow 1 \(12\)](#)
- Organiser [Participant](#)

- Who Izzy Molloy

Do you get excited about moths, beetles, worms, woodlice and other spineless critters?

Have you ever wanted to know more about different species and their distribution?

Are you in search of a way support environmental science and conservation efforts?

Invertebrates are essential to our ecosystem, but are highly underrecorded. As a citizen scientist, it is possible to make a real difference to our understanding of invertebrates. Surveying an area and sharing the data we obtain can facilitate critical insights into habitats, the impact of changing modern landscape and the consequences of climate crisis.

This is a short presentation covering what invertebrate ID is and why it is important. I am planning on organising a short identification exercise too. There will be hand-outs and advice on where you can go for further information so that you can expand your knowledge and take invertebrate ID further, if you wish.

For further information please email me on immolloy94@gmail.com

16:45 - 17:45

Autism and complex PTSD - discussion

- Calendar [4. Sycamore 2 \(25\)](#)
- Organiser [Autescape](#)
- Who Katie Linden
- Where Sycamore 2 (first floor)

This is a discussion on the topic of this morning's lecture.

16:45 - 17:45

Intense connections - discussion

- Calendar [5. Other](#)
- Organiser [Autescape](#)
- Who Sonny Hallett
- Where Mulberry Room

This is a discussion on the topic of this morning's lecture.

17:00 - 18:00

Come ask your questions about weighted blankets

- Calendar [5. Other](#)
- Organiser [Participant](#)
- Where Participants room (boardroom)

My name is Leonore (Sister Cat Blankets), I make weighted blankets. If you have questions about them, I will be in the Participants Room from 5pm to 6pm. Don't hesitate if you have questions about them !

18:00 - 19:30

Evening meal

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Other](#)
- Where Barclay Restaurant

18:00 - 18:30

Home groups

- Calendar [2. Chapel Barn](#)
- Organiser [Autescape](#)
- Where Various

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[Home groups](#)   

- [Calendar](#) [3. Willow 1 \(12\)](#)
- [Organiser](#) [Autscope](#)
- [Where](#) [Various](#)

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18:00 - 18:30

[Home groups](#)   

- [Calendar](#) [4. Sycamore 2 \(25\)](#)
- [Organiser](#) [Autscope](#)
- [Where](#) [Various](#)

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18:00 - 18:30

[Home groups](#)   

- [Calendar](#) [5. Other](#)
- [Organiser](#) [Autscope](#)
- [Where](#) [Various](#)

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19:30 - 20:30

[Autism and chronic pain](#)

- [Calendar](#) [1. Barclay Hall](#)

- **Organiser** [Autescape](#)

- **Who** Alfie Green

- **Where** Barclay Hall

This was run for the first time last year and well received. We will discuss ways of how chronic pain affects us including ways of managing, communicating and coping with chronic pain.

Medication may be discussed but we cannot advise on correct dosages of medications.

19:30 - 20:30

Accessible improv dance/movement workshop

- **Calendar** [2. Chapel Barn](#)

- **Organiser** [Participant](#)

- **Who** Redwoods

Redwoods in addition to trans and disability activism has a long background in improvisational dance. We will gently explore how to create accessible movement and dance spaces and have some silent and also musically accompanied movement time designed for who shows up! All levels and bodies welcome. No touching unless by consent.

19:30 - 20:30

Relationships & fetishes discussion, 18+

- **Calendar** [4. Sycamore 2 \(25\)](#)

- **Organiser** [Participant](#)

- **Who** Tom Moore

- **Where** Sycamore 2

This discussion will give delegates the opportunity to discuss their experiences, preferences and desires in relationships and one-off encounters, including fetishes and other aspects that are heavily tabooed in everyday conversation, while also hearing from others the same. I am hoping that by finding some common ground, we can become more comfortable in our own skin and perhaps learn from our mistakes of the past, having heard what it's like from the other side.

This discussion will undoubtedly have some detailed sexual content but it won't all be sexual.

19:30 - 20:30

Autistic Health Care Professionals Meet-Up

- **Calendar** [5. Other](#)

- **Organiser** [Participant](#)

- **Who** Mary Doherty, Eleanor Burnett

- **Where** Maple 1

A further opportunity for any (autistic) Autescape participants who are HCPs to meet, get to know each other, and discuss our experiences in our workplaces. If you couldn't make it to yesterday's meeting, you are more than welcome to join us today!

19:30 - 20:15

Annual General Meeting (AGM)

- **Calendar** [0. Yew Tree Hall](#)

- **Organiser** [Autescape](#)

- **Where** Yew Tree Hall

This is the meeting where Autescape members elect the board of trustees who make decisions about Autescape's policy and direction.

20:30 - 22:30

Disco

- **Calendar** [1. Barclay Hall](#)

- **Organiser** [Autescape](#)

- **Where** Barclay Hall

Come and enjoy an autism-friendly disco in Barclay Hall. The music will be a bit quieter than a typical disco, and no one will judge whether you can dance. You're also welcome to come and just play with the light.

20:30 - 21:30

Discussion of the Law of Attraction

- Calendar [3. Willow 1 \(12\)](#)
- Organiser [Participant](#)
- Who John McDonald

The Law of Attraction is the concept that we attract into our lives whatever is emotionally governing our subconscious mind, good or bad. Much of this is based upon the book "Think And Grow Rich" by Napoleon Hill, though it is not just about money. It applies to relationships etc.

20:30 - 21:30

"politics is essentially the art of lying" - my bezzie mate alex

- Calendar [4. Sycamore 2 \(25\)](#)
- Organiser [Participant](#)
- Who Billie Jo Gibson
- Where Sycamore 2

In this session, I'm gonna educate you all on tory austerity, why the lib dems are the fib dems/yellow tories, the rise of the brexit party, the leave/remain divide and how you can help make britain great again for neurodivergent people through people powered activism!

20:30 - 21:30

Printing and stamp making workshop (drop in)

- Calendar [5. Other](#)
- Organiser [Participant](#)
- Who Sonny

- Where TBC

Hopefully some stamp making and printing with lino and polystyrene. I also have some ready-made stamps you can use, and the inks can print permanently onto fabric/paper if you want to adorn a bag or T-shirt or similar (I do not have any t-shirts however).

20:30 - 21:30

Quiet Chat in Quiet Dining Area - text discussion on Autscope IRC channel

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Participant](#)
- Who Heta Pukki

LOCATION: Quiet Dining Area

This is an opportunity to chat with other Autscope participants through text only. It's an alternative way of interacting for those who find too much face to face contact overloading. This way, we get physical proximity but text communication: the best of both worlds!

How to join? The simplest way is to click here: [#autscope via Mibbit](#). Then enter a nickname (so others know who you are). It takes several seconds to work.

If you use your own IRC programme, use these settings:

Server: irc.starlink-irc.org

Channel: #autscope

20:30 - 21:15

AutAngel. Information and discussion about this autistic run organisation, and how it can work with others.

- Calendar [2. Chapel Barn](#)
- Organiser [Participant](#)
- Who Caroline H, Laura W and Panda M

AutAngel. We are a CIC (community interest company) set up by and for autistic people by Autscapees. We'll talk briefly about how we operate, what we do (an online calendar of events, a peer support programme and various groups in Reading and an online and print book) and offer an opportunity to ask us any questions about aspects of AutAngel and discuss how different autistic groups can work together.

21:30 - 22:30

Transgender (including non binary) Autscape

- Calendar [2. Chapel Barn](#)
- Organiser [Participant](#)
- Who Transgender autscape attendees

This event is a low key social for autistic trans people (but also open to non autistic trans people as long as they are respectful that this event is centred around autistic trans people). This event is one of two, if you can't make this there is one tomorrow at 15:30 in barclay hall.

This event was previously at 9:30 am this morning but due to technical trouble has been rescheduled for 21:30 in chapel barn.

21:30 - 22:30

-Perseids Meteor Shower 2019

- Calendar [5. Other](#)
- Organiser [Participant](#)
- Who IJsbrand / Icefire
- Where Outside

Perseides meteor shower 2019 peaks tonight

(all week) go outside at night and watch for falling "stars"

Clear Skies

Icefire

Wednesday 14 Aug 2019

All day

Retro computers (12pm-6pm)

- Calendar [5. Other](#)
- Organiser [Autscape](#)
- Where Cherry Room

All day

Sensory room

- Calendar [5. Other](#)
- Organiser [Autscape](#)
- Where Aspen (this is a change)

8:15 - 9:00

Breakfast

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Other](#)
- Where Barclay restaurant

9:30 - 10:30

The identity of disconnection?

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autscape](#)
- Who Paul
- Where Yew Tree Hall

The session will examine the widespread assumption that 'connection' is worth pursuing. The impetus is to forge & foster connections. Behind the connections are power relationships. Sometimes transparent, sometimes not. This is a philosophical discussion.

Personal experiences in the workplace and elsewhere will kick-start a wider dialogue with participants.

What is the agenda behind any connection and who benefits?

Are some connections simply not worth making?

Subversion or disruption of some of these connections may be of more benefit to autistic individuals or groups than connection itself?

Connection = communication = identity. Discuss. These concepts apply to all human experience as well as autistic experience. The challenge of making connections is part of our autistic identity. I would suggest that this is universal.

9:30 - 10:30

Screen printing workshop

- Calendar [1. Barclay Hall](#)
- Organiser [Participant](#)
- Who Emily
- Where Barclay Hall

Screen printing workshop it needs 2 people to do each screen print one to hold the board down/still and the other to squeeze the paint down.

I will start the workshop with a quick demonstration and then i will let everyone have a go.

Max 16 people please. The reason being is that i will only have 4 screens i thought there could be 4 people to each screen

10:30 - 11:00

Morning break

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Other](#)
- Where Garden Lounge

11:00 - 11:45

The problematic nature of forming connections whilst passing

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autescape](#)
- Who Lexi Orchard
- Where Yew Tree Hall

Passing is a necessary and important part of surviving in a neurotypical world whether in the workplace, school or social settings as well as interacting with systems within society. The processes of passing such as masking, scripting and precognition build models of interaction to facilitate avoiding harm and hiding in plain sight.

At the same time, they can also hinder being in the moment, complicate building lasting connections with others, emotionally connecting with people and leave you constantly drained, feeling lonely and alone. Can we find a balance between using personas, pre-empting every interaction, scripting our way through a day or masking who we want to stay safe from harm and prejudice but also find meaningful connections?

In this session we examine some of the mechanics of passing and how they impair, augment and complicate building friendships, empathy, emotional engagement and enjoyment in day to day life. We also ask what can we do about it and try to unpack if there is a way to find social fulfilment, love, friendship and beat loneliness whilst passing in society.

11:00 - 11:45

Getting support from adult social care

- Calendar [1. Barclay Hall](#)
- Organiser [Participant](#)
- Who Yo

Primarily England (though some coverage of Wales and Scotland). This will be providing information only. I cannot take on individual cases.

11:45 - 12:30

Reinventing the wheel. Descriptions of autism in non-autism research

- Calendar [0. Yew Tree Hall](#)

- **Organiser** [Autescape](#)
- **Who** Kosma Moczek
- **Where** Yew Tree Hall

While autism-specific research didn't start until the 20th century, the foundations that underline developmental psychology predate it by over 200 years. The presentation will explore existing, well-established concepts that allow for better understanding of autistic development, comorbid conditions, trauma, identity, communication and behavior. I'll try to show that by looking for existing research - instead of inventing brand new "autistic" concepts and vocabulary - we can greatly benefit from standing on the shoulders of giants and realize that, after all, autistic humans are still humans, and are subject to the same developmental and psychological dynamics and processes that have been known and described for centuries.

12:30 - 14:00

Lunch  

- **Calendar** [7. Garden Lounge & Barclay Restaurant](#)
- **Organiser** [Other](#)
- **Where** Barclay restaurant

12:30 - 13:00

Home groups   

- **Calendar** [2. Chapel Barn](#)
- **Organiser** [Autescape](#)

12:30 - 13:00

Home groups   

- **Calendar** [3. Willow 1 \(12\)](#)
- **Organiser** [Autescape](#)

12:30 - 13:00

Home groups   

- **Calendar** [4. Sycamore 2 \(25\)](#)
- **Organiser** [Autescape](#)

12:30 - 13:00

Home groups   

- **Calendar** [5. Other](#)
- **Organiser** [Autescape](#)

14:00 - 15:30

Choral workshop

- **Calendar** [2. Chapel Barn](#)
- **Organiser** [Participant](#)
- **Who** James Pelham
- **Where** Chapel Barn

14:00 - 15:15

Autescape Environment Forum 

- **Calendar** [3. Willow 1 \(12\)](#)
- **Organiser** [Participant](#)
- **Who** Richard G
- **Where** Willow 1

An Autistic think tank where we can gather our ideas about how to save the environment.

14:00 - 15:00

Self-Employment For Autistic People Discussion

- **Calendar** [1. Barclay Hall](#)
- **Organiser** [Participant](#)
- **Who** Madge & Laura B

An opportunity to discuss self-employment/setting up as business as an autistic person. Everyone is welcome - you don't need to be self-employed at the moment to join the discussion.

14:30 - 15:00

The art of stimming

- Calendar [4. Sycamore 2 \(25\)](#)
- Organiser [Participant](#)
- Who Gabo
- Where Sycamore 2

Come and share your favourite stimming moves.

15:30 - 16:15

Bigger on the Inside

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autescape](#)
- Who Kate Fox
- Where Yew Tree Hall

A stand-up/storytelling performance lecture which intertwines the history of Dr Who, autism and autistic activism and one woman's personal story (and makes connections between them all).

At last there is a female Doctor in Doctor Who – are autism's women also finally being heard?

15:30 - 16:15

Transgender (including non binary) Autescape

- Calendar [1. Barclay Hall](#)
- Organiser [Participant](#)
- Who Trans people at autescape

This event is a supportive social space for autistic trans people (but also open to non autistic trans people as long as they are respectful that this event is centred around trans autistic people. This is event two of two, the other is on Tuesday at 9:30.

15:30 - 16:15

Discussion: Identity of disconnection

- Calendar [2. Chapel Barn](#)
- Organiser [Autescape](#)
- Who Paul
- Where Chapel Barn

Discussion on the topic of this morning's workshop

15:30 - 16:15

Where are my emotions? About the connection between body, sensory feeling and emotions.

- Calendar [4. Sycamore 2 \(25\)](#)
- Organiser [Participant](#)
- Who Joanna Lawicka

In the global research on autism, the problem of recognizing emotions by autistic people is constantly on the center of interest. Most of the research is focused on the ability to recognize someone else's emotions. If the studies show the perspective of the possibility of recognizing their own emotions - then they talk about alexithymia and again refer to psychopathology.

I want show the new, neurodevelopmental perspective.

The lack of proper response of the environment to the reactions and emotional codes of the child causes the adult on the autism spectrum to have little ability to identify their own emotions. What is the source of this in the sensory differences in people on the autism spectrum. How sensory development affects the development of emotional coding. How in the end - in relation to neurobiological mechanisms - we learn to recognize emotions in others. And how much it has nothing to do with the exercises, which are offered subjected to autistic people, like recognizing facial expressions as a source of information about emotions.

I want to talk with you about this on this workshop.

16:15 - 16:45

Afternoon break

- Calendar [7. Garden Lounge & Barclay Restaurant](#)

• **Organiser** [Other](#)
• **Where** Garden lounge

16:45 - 17:45

Stability in Peer Support: Experiences and ideas 🔒

- **Calendar** [0. Yew Tree Hall](#)
- **Organiser** [Autescape](#)
- **Who** Emmi Varis
- **Where** Yew Tree Hall

This workshop introduces an ongoing project, called Stability in Peer Support, run by Autistic Spectrum Finland, a national association led by autistic adults.

The project aims to support and improve the association's peer groups and activities and support peer group leaders.

The project started in 2018. The project workers have conducted a survey, group discussions and observation to map why people in Autistic Spectrum Finland attend groups, what types of groups and activities they want, what challenges they face, what kind of support the peer group leaders need, and how to react to problems that may arise.

The introduction will be followed by a discussion on these themes.

16:45 - 17:45

Five rhythms style dance

- **Calendar** [1. Barclay Hall](#)
- **Organiser** [Participant](#)
- **Who** Joan
- **Where** Barclay

A dance that works through 5 elements of Flowing, Staccato, Chaos, Lyrical, Stillness

Come as you are - with whatever energy level or movement you have . Everyone present participates but how to do it is up to you .

Wear comfy clothes for movement and bring some water .

16:45 - 17:45

Discussion: Descriptions of autism in research 🔒

- **Calendar** [2. Chapel Barn](#)
- **Organiser** [Autescape](#)
- **Who** Kosma Moczek
- **Where** Chapel Barn

Discussion on the topic of this morning's lecture.

16:45 - 17:45

On Dissociation and Being Multiple

- **Calendar** [3. Willow 1 \(12\)](#)
- **Organiser** [Participant](#)
- **Who** Redwoods

the Redwoods are nine people in one trans body. We do lots of advocacy and community organizing internationally around dissociative identity disorder and multiplicity. Many multiples are also autistic and we wanted to offer space for discussion, overview and q&a around our work and anything else useful on this important topic.

for multiples and anyone interested in the topic

more about us at <https://redwoodcircle.com/>

16:45 - 17:45

Discussion: Connecting while passing 🔒

- **Calendar** [5. Other](#)
- **Organiser** [Autescape](#)
- **Who** Lexi Orchard
- **Where** Mulberry Room

Discussion on the topic of this morning's lecture.

18:00 - 19:30

Evening meal  

- **Calendar** [7. Garden Lounge & Barclay Restaurant](#)
- **Organiser** [Other](#)
- **Where** Barclay Restaurant

18:00 - 18:30

Home groups   

- **Calendar** [2. Chapel Barn](#)
- **Organiser** [Autescape](#)
- **Where** Various

Are you looking for some help with meeting new people? Home groups have been created to help people, especially those who are new, feel comfortable at Autescape and get the best out of the experience by providing a small group that they can get to know a bit better. This is just something we are trying to do to help. Of course, it's not a guarantee you will connect with someone else.

This year, home groups will meet in various break out rooms throughout the venue. Most don't have step-free access, but some do. You can sign up for a home group using the participants' calendar, or by coming to the information area on site. Most will meet six times throughout the course of Autescape, for half an hour before each lunch and dinner time. A few groups will skip the first evening slot and begin on Wednesday lunchtime instead, having five meetings in total.

18:00 - 18:30

Home groups   

- **Calendar** [3. Willow 1 \(12\)](#)
- **Organiser** [Autescape](#)
- **Where** Various

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18:00 - 18:30

Home groups   

- **Calendar** [4. Sycamore 2 \(25\)](#)
- **Organiser** [Autescape](#)
- **Where** Various

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18:00 - 18:30

Home groups

• Calendar [5. Other](#)

• **Organiser** [Autescape](#)

• **Where** Various

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19:30 - 20:45

Entertainment evening

• Calendar [0. Yew Tree Hall](#)

• **Organiser** [Autescape](#)

• **Who** Hosted by James Pelham

• **Where** Yew Tree Hall

Contributions strictly limited to **4 minutes** each. For the first 50% of spaces, priority goes to anyone who has never performed at an Autescape entertainment evening before. The remaining 50% will be selected randomly from all those wishing to perform.

19:30 - 20:30

Quiz

• Calendar [1. Barclay Hall](#)

• **Organiser** [Participant](#)

• **Who** Tom Moore

• **Where** Barclay Hall

Teams-based (up to 4 or 6 TBD), peer-marked quiz. Four rounds of eight questions each (due to the one-hour slot). No jokers. Gaps in which to buy drinks from the bar.

Will definitely include a Harry Potter round and a Star Trek round. The other two will be by popular demand (show of hands). Prize/s TBD (open to reasonable suggestions).

19:30 - 20:30

Quiet Chat in Quiet Dining Area - text discussion on Autescape irc channel

• Calendar [7. Garden Lounge & Barclay Restaurant](#)

• **Organiser** [Participant](#)

• **Who** Heta Pukki

LOCATION: Quiet Dining Area

This is an opportunity to chat with other Autescape participants through text only. It's an alternative way of interacting for those who find too much face to face contact overloading. This way, we get physical proximity but text communication: the best of both worlds!

How to join? The simplest way is to click here: [#autescape via Mibbit](#). Then enter a nickname (so others know who you are). It takes several seconds to work.

If you use your own IRC programme, use these settings:

Server: [irc.starlink-irc.org](irc:starlink-irc.org)

Channel: [#autescape](#)

20:00 - 22:30

Bar open

• Calendar [7. Garden Lounge & Barclay Restaurant](#)

• **Organiser** [Other](#)

20:30 - 21:30

Body positive space (clothing optional, 18+)

- Calendar [2. Chapel Barn](#)
- Organiser [Participant](#)

Be part of a safe space for all bodies. Participants have the option to set aside some or all clothing to the extent that you are comfortable. If you may want to sit down please place a towel (or similar) underneath you.

This is not a sexual or hook-up space. In line with regular nudist etiquette, do not stare at or comment on others' bodies. This is a space for any body.

20:30 - 21:30

Exploding Kittens

- Calendar [5. Other](#)
- Organiser [Participant](#)
- Who [Heather](#)
- Where [Walnut Room](#)

Play a game of Exploding Kittens or You've Got Crabs!

Thursday 15 Aug 2019

8:15 - 9:00

Breakfast

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Other](#)
- Where [Barclay restaurant](#)

9:45 - 10:30

Connecting autistic-led organisations in Europe

- Calendar [0. Yew Tree Hall](#)
- Organiser [Autscape](#)
- Who [Heta Pukki](#)
- Where [Yew Tree Hall](#)

This presentation describes efforts to provide channels of communication and other structure to groups and organisations of autistic people from around Europe. Benefits of connecting and sharing information will be outlined on the basis of interviews conducted with individuals who have participated in the informal European Autistic Network over the past three years. An initiative to develop more formal collaboration will be introduced, and the audience will be invited to discuss any fears or hopes they might have regarding potential international representation or campaigning. Members of the European network who are available at the time will be connected to the session via an online chat platform, to demonstrate the practices developed for negotiation and decision-making, and to allow dynamic interaction with the audience.

10:30 - 11:00

Quiet Chat - participant discussion on Autscape irc channel

- Calendar [3. Willow 1 \(12\)](#)
- Organiser [Participant](#)
- Who [Heta Pukki](#)

10:30 - 11:00

Morning break

- Calendar [7. Garden Lounge & Barclay Restaurant](#)
- Organiser [Other](#)
- Where [Garden Lounge](#)

11:00 - 11:45

Panel of selected presenters

- Calendar [0. Yew Tree Hall](#)

- **Organiser** [Autescape](#)

- **Where** [Yew Tree Hall](#)

11:45 - 12:15

Feedback and farewell

- **Calendar** [0. Yew Tree Hall](#)

- **Organiser** [Autescape](#)

- **Where** [Yew Tree Hall](#)

This is an opportunity to tell the organisers of Autescape what went well for you at Autescape, and what you'd like to see done differently.

12:30 - 14:00

Lunch

- **Calendar** [7. Garden Lounge & Barclay Restaurant](#)

- **Organiser** [Other](#)

- **Where** [Barclay restaurant](#)

12:30 - 13:00

Home groups

- **Calendar** [2. Chapel Barn](#)

- **Organiser** [Autescape](#)

12:30 - 13:00

Home groups

- **Calendar** [3. Willow 1 \(12\)](#)

- **Organiser** [Autescape](#)

12:30 - 13:00

Home groups

- **Calendar** [4. Sycamore 2 \(25\)](#)

- **Organiser** [Autescape](#)

12:30 - 13:00

Home groups

- **Calendar** [5. Other](#)

- **Organiser** [Autescape](#)