

Day	Time	Location	Name	Activity
Tuesday	20:00	Rockingham	Tom Moore	Speed Meeting plus Speed Dating for all gender identities and sexual orientations.  Fair, negotiable matches and 8 mins each, no obligations.
Tuesday	20:15	Courteenhall	James Pelham	Piano recital
Tuesday	20:30	John Kirkham	Autscape	Sparklies in the dark
Tuesday	21:00	Teeton	Alfie Green	Autism and gender identity  Open to anyone who identifies as trans.
Tuesday	21:00	Courteenhall	Caroline Hearst	Sharing of autistic activist activity. There will be short descriptive presentations by AutAngel, PARC (participatory autism research) and ARGH (Autistic Rights Group Highland) and Dinah who initiated the Autistic advisory panel at NAP (National Autism Project). There will be space for other to contribute too. The aim is both to showcase what autistic people are already doing (in addition to Autscape which we all know about as we're here) and to share the mechanisms which enabled us to do this so others can learn from our experience.
Tuesday	21:00	Lounge	Ben Fielding	Quiz
Wednesday	After lunch	Lounge	Kitt	Singing rounds  Rounds are simple tunes sung in strict canon. For many rounds you don't need to read music, but you do need a reasonably good sense of pitch and the ability to remember short melodies.
Wednesday	After lunch	Meet in Lounge	Seth Kneller	Swimming at Danes Park Leisure Centre (NN4 0RX), imformal public swimming session with flume. Swimming costs £5 for adults, £3.40 for under 16's. Plus £1.30 for locker of which £1 is refundable. Those wishing to go will need to arrange lifts with drivers or look into public transport options.
Wednesday	14:30	Rockingham	Eamonn Custance	Short talk and discussion about self-advocacy neurodiversity communes and the prospects for creating a long-term physical community of mostly autistic spectrum individuals. Are you interested in living with or near other autistic spectrum individuals? Would you like to work on a long-term project to develop the neurodiversity movement through providing autistic-managed residences? Are you curious or critical of the idea? All welcome!
Wednesday	15:00	Teeton	Jo Minchin (Jomi)	Ukulele workshop. Suitable for absolute beginners or for those who would like to play along with others in a group. There is safety in numbers, especially if you are feeling a bit shy!

Day	Time	Location	Name	Activity
Wednesday	20:00	Lounge	Fiona Mills	Show and Tell  A chance to be able share your hobby/interest in five minute slots.
Wednesday	20:00	John Kirkham	Autscape	Disco
Wednesday	21:00	Rockingham	Elaine Binhammer	Countdown
Wednesday	21:00	Courteenhall	Olivia Astrid Pountney	LGBTQ+ Discussion group.  Discussion group for anyone who identifies under the umbrella inducing anyone who is questioning their gender or sexual identity.
Thursday	9:30	Teeton	Dr Catriona Stewart & Damian Milton	PARC (Participatory Autism Research Co-operative) and WREN Women's Research and Exchange Network. Promoting participation of autistic people in every aspect of research; professional support and mentoring.  This is an opportunity to discuss strategies for engaging in autism research for positive outcomes for autistic people; how to support people who are already involved in research and how to ensure that the research is disseminated and respected.
Thursday	10:00	Rockingham	Kalen	Substantial initiative impairments (catatonia) discussion. Looking at the more severe end of 'autistic inertia' and exploring together what mechanisms may underlie it and what strategies may be useful. This time it's more specific than last year and not about 'autistic inertia' in general, including priority setting, forgetfulness, scatter-brainedness, anxiety, etc.. I'm looking to gather those who have the experience of wanting to do something and just not being able to do it, for reasons other than anxiety or more typical executive dysfunction.
Thursday	After lunch	Lounge	Kitt	Singing rounds  Rounds are simple tunes sung in strict canon. For many rounds you don't need to read music, but you do need a reasonably good sense of pitch and the ability to remember short melodies.
Thursday	14:00	Teeton	Caroline Hearst	Autistic Community and activism.  This is a discussion about how we can be a community where we support each other and also how we can be politically active as autistic people.

Day	Time	Location	Name	Activity
Thursday	14:00	John Kirkham	Annette Foster	<p>Autistic Actions: Feminist Art Activism: a crafty practical workshop Performance Art X Autism Awareness = Autistic Action.</p> <p>This practical workshop exploring creative autistic self-advocacy by producing art that aims to make autistic people more visible and dispel the stereotypes. As part of the workshop you will learn how to make your own appliquéd t-shirts that simply says, Autistic. Each t-shirt will be unique; you will select the fabrics and sew it yourself. You will have an opportunity to wear this t-shirt in a public Autistic Action- a bit like an autistic flash mob. You will also can take part in an art activist video piece by appearing in your appliquéd t-shirt to help to show how diverse the autistic community is. I would especially like the video art piece to show that there are all types of autistic people and to dispel the stereo types making women, non-binary and trans autistics more visible.</p> <p>Participation in the Public Art Action and video piece are optional. By just owning and wearing a t-shirt that says Autistic you will be doing something positive for the autistic community.</p> <p>Annette Foster has been a practicing multidisciplinary performance artist and lecturer for the past 20 years. Her autobiographical work has been informed by feminism, identity, gender, sexuality, and difference. Annette is an Autistic Self Advocate and was diagnosis six years ago. This has led her to undertake a PhD at the University of Kent articulating women’s, non-binary and trans people’s experience of Autism through performance art and she aims to carry out workshops with other women, non-binary and trans people on the spectrum.</p>
Thursday	14:30	Rockingham	Helen Woodley	<p>Visual impacts of screen animations, particularly in Windows 10. I can say what happened to me. Has anyone else been affected in similar ways? sharing stories.</p>
Thursday	19:45	John Kirkham	Yo	<p>Showing of St. Clement's Practical Autism Videos featuring some Autscape participants from last year</p>
Thursday	20:00	Lounge	Autscape	<p>Lightning talks</p> <p>5 minute talks on a very wide variety of topics.</p>