



# AUTSCAPE

## 2011 "Owning Autism"

22 – 25 August 2011 Ackworth School, Pontefract, Yorkshire, UK

### Part 2A: The Youth and Alternative programme

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## 1. Introduction

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### Aim of the programme

The aim of the youth and alternative programme is to introduce younger people to Autscape and provide an alternative place for people of any age to go to if they do not want to attend the main programme presentations and discussions.

### Who can go?

Although the programme has been designed with the needs and preferences of young people in mind, **anyone may attend**. Children between the ages of 10 and 17 are welcome to attend unaccompanied, but must have permission from their parents or the person responsible for them whilst at Autscape.

## Location

The youth and alternative programme will be held in a common room on the first floor of the main building and will be known as 'The Hangout'.

## Content

There will be two presentations, one on Tuesday and one on Wednesday. These will be given by two of the main presenters, Yo and Kalen, who will give a shorter version of their presentation aimed at a younger audience. However, those who, for whatever reason, may have missed or will miss their main presentation will get the benefit of seeing them if they so wish. Following the presentation there will be a short discussion on the issues raised.

There will also be three discussions exploring various issues around the theme of 'owning autism', some of which will link to the main presentations, and a couple of team game playing sessions.

The rest of the time there will be various activities taking place such as board games, puzzles and craft activities. Any time the youth and alternative programme is on, you can come and hang out in 'The Hangout' for as little or much time as you like.

## Facilitator

Elaine will be the organiser facilitating the sessions. Elaine is qualified in Health and Social Care, working with children and families and autism. She has an autistic teenager and she currently works as a support worker for two people with autism who live in the community.

## 2. Programme

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### Tuesday

#### **09.30-10.15 Hang out in 'The Hangout'**

An alternative start to Autscape. If you want to be involved but don't feel ready or want to go to the main presentation, come and hang out in 'The Hangout'. There will be areas where you can do a variety of puzzles or you can join in a board game. You can go over the schedules with the organiser in attendance or ask any questions of things you might have missed or forgot at orientation or even wanted to ask but didn't. You can also just hangout with other people and observe. The aim of this session is to give people an alternative starting point from where they will enjoy Autscape. Some because they need it, some because they want it.

#### **10.15-11.00 Discussion: Now that autism is more widely known about, do you think it is easier for young people with autism today to feel more accepted by society?**

At the start of the session people will be given short statements and they will have to decide whether they agree or disagree with them. The aim is to see whether young people have the same opinions as older people. The findings will then be discussed. Young people can tell others what it means to them to be autistic in today's society. Older people can tell how it was for them growing up.

11.00-11.30 *Break*

**11.30-12.00 'The big game'**

During this session there will be all the usual 'Hangout' activities, but those who want to join in and play a team version of a game can do.

**12.00-12.30 Hang out in 'The Hangout' including crafts**

A chance to play some more games or puzzles, finish off things or just hang around with other people before lunch. There will also be quick and easy craft activities including making a card or a bookmark, designing your own coaster or fridge magnet and various other things.

12.30-14.00 *Lunch*

14.00-16.00 *Leisure including swimming*

**16.00-16.30 Short Presentation by Yo**

Yo will give a shortened, less in-depth version of her main presentation about independent living which will take place on Wed at 09.30. This will be followed by a short discussion.

16.30-17.00 *Break*

**17.00-18.00 Hang out in 'The Hangout'**

Finishing up and winding down. Now is the time to finish off whatever you have been doing in 'The Hangout' during the day or if it's your first visit, time to find out what other people have been doing all day. Now we will have games, puzzles and crafts for you to get involved in. You might also just want to wind down with other people before supper.

## Wednesday

**09.30-10.15 Hang out in 'The Hangout'**

A lighter side of Autscape. If you want to be involved but felt a bit overwhelmed yesterday or you don't want to go to the main presentation, come and hangout in 'The Hangout'. There will be areas where you can do a variety of puzzles or you can join in a board game. You can go over the schedules with the organiser in attendance or ask them any questions. The aim of this session is to give people an alternative start to the day from where they will enjoy Autscape. Some because they need it, some because they want it.

**10.15-11.00 Discussion: What do young people with autism think 'owning autism' means and is this the same opinion as older people?**

Taking this years theme, young people will be invited to say what they think 'owning autism' means. Afterwards, older people will be able to contribute from their perspective. Differences will then be discussed.

11.00-11.30 *Break*

**11.30-12.00 Fun cooperative games**

A chance to take part in some fun cooperative game playing

**12.00-12.30 Hang out in 'The Hangout' including crafts**

A chance to play some more games or puzzles, finish off things or just hang around with other people before lunch. There will also be quick and easy craft activities including making a card or a bookmark, designing your own coaster or fridge magnet and various other things.

12.30-14.00 Lunch

14.00-15.00 Leisure including swimming

**16.00-16.30 A short presentation by Kalen**

Kalen will give a shortened, less in-depth version of her main presentation from yesterday about Autism research. This will be followed by a short discussion.

16.30-17.00 Break

**17.00-18.00 Hang out in 'The Hangout'**

Finishing up and winding down. Now is the time to finish off whatever you have been doing in 'The Hangout' during the day or if it's your first visit, time to find out what other people have been doing all day. Now we will have games, puzzles and crafts for you to get involved in. You might also just want to wind down with other people before supper.

## Thursday

**11.30-12.00 Discussion: Where do young autistic people see autistic people in a future society?**

This discussion will revolve around the future of autistic people in society. Young people will be asked to consider if there are any barriers to achieving equal opportunities and how they could be broken down. Older people can contribute their opinion as to what they think still needs to be done.

**12.00-12:30 Feedback session: Do young people feel they would like to continue to be involved in Autscape? Have they enjoyed the experience?**

During this discussion young people will have the opportunity to say what they have enjoyed about Autscape and what they would like to see happen at future Autsapes.

### 3. Timetable

|       | <b>Tuesday</b>            | <b>Wednesday</b>            | <b>Thursday</b>  |
|-------|---------------------------|-----------------------------|------------------|
| 09:30 | Hang out in 'The Hangout' | Hang out in 'The Hangout'   |                  |
| 09:45 | "                         | "                           |                  |
| 10:00 | "                         | "                           |                  |
| 10:15 | Discussion                | Discussion                  |                  |
| 10:30 | "                         | "                           |                  |
| 10:45 | "                         | "                           |                  |
| 11:00 | Break                     | Break                       | Break            |
| 11:15 | "                         | "                           | "                |
| 11:30 | Games                     | Games                       | Discussion       |
| 11:45 | "                         | "                           | "                |
| 12:00 | Hang out in 'The Hangout' | Hang out in 'The Hangout'   | Feedback session |
| 12:15 | "                         | "                           | "                |
| 12:30 | Lunch                     | Lunch                       | Lunch            |
| 12:45 | "                         | "                           | "                |
| 13:00 | "                         | "                           | "                |
| 13:15 | "                         | "                           | "                |
| 13:30 | "                         | "                           | "                |
| 13:45 | "                         | "                           | "                |
| 14:00 | Leisure (swimming)        | Leisure (swimming)          |                  |
| 14:15 | "                         | "                           |                  |
| 14:30 | "                         | "                           |                  |
| 14:45 | "                         | "                           |                  |
| 15:00 | "                         | "                           |                  |
| 15:15 | "                         | "                           |                  |
| 15:30 | "                         | "                           |                  |
| 15:45 | "                         | "                           |                  |
| 16:00 | Short presentation by Yo  | Short presentation by Kalen |                  |
| 16:15 | "                         | "                           |                  |
| 16:30 | Break                     | Break                       |                  |
| 16:45 | "                         | "                           |                  |
| 17:00 | Hang out in 'The Hangout' | Hang out in 'The Hangout'   |                  |
| 17:15 | "                         | "                           |                  |
| 17:30 | "                         | "                           |                  |
| 17:45 | "                         | "                           |                  |